thrive

FALL 2026

PEACE ARCH HOSPITAL + COMMUNITY HEALTH FOUNDATION



A NEW SLEEP HYGIENE INITIATIVE BEGINS IN PEACE ARCH HOSPITAL'S ER

ILLUME GALA BRINGS THE COMMUNITY TOGETHER FOR CRITICAL CARE

ESTATE PLANNING TIPS TO ENHANCE YOUR LEGACY

MEET +

LINDA WEI AND BRUCE BUCHANAN

Longtime community members investing in the future of local healthcare

As we settle into the winter months, our thoughts often turn to the season of giving. Whether it's helping a friend, supporting someone in need or giving to a cause close to our hearts. It's not the size of the gesture, but the intention behind it that can make a meaningful difference.

With that in mind, we are delighted to introduce you to longtime community members and philanthropists Linda Wei and Bruce Buchanan. After more than 30 years of calling White Rock and South Surrey home, Linda and Bruce are giving back to the community that has given them so much with an extraordinary gift to local healthcare. Their generosity is a wonderful reminder of what can happen when we invest in the community around us.

Speaking of giving back, we're also thrilled to introduce our new Board Chair, Grace Cleveland. Born and raised in White Rock, Grace has deep roots in our community and has been a dedicated supporter of our Foundation for many years. She joined our Board in 2021 and was recognized as a Friend of the Foundation in 2023 for her outstanding work as a professional advisor. You may also remember Grace from the cover of Thrive in Fall 2024, where she shared her perspective on estate planning and leaving a legacy.

And speaking of planning for the future, you'll meet Simmy Grewal, a member of our Partners in Planning engagement group, who shares some of her top estate planning tips. Our Partners in Planning are trusted professionals who help our community navigate estate planning, gifts of shares and charitable giving, so you can make the most of your generosity.

As the year comes to a close, we also want to remind you that donations made by December 31, 2026, are eligible for a 2026 charitable tax receipt.

However you choose to celebrate, we wish you a very happy and healthy holiday season. We are so grateful for your support.

Grace Cleveland
Board Chair

Stephanie Beck
Chief Executive Officer



PEACE ARCH HOSPITAL +
COMMUNITY HEALTH FOUNDATION

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Powered by Youth

Walk the Rock Raises a Record-Breaking **$20,000+** for Critical Care

Walk the Rock!

YOUTH IN Action

On June 7, White Rock Beach came alive as families, friends and community members gathered for the fifth annual Walk the Rock, a fundraiser planned and led by our Foundation's Youth in Action members. Presented by Jeremy Reedman of CIBC Wood Gundy, this year's event raised more than **$20,000 for critical and cardiac care at Peace Arch Hospital**, the highest total in Walk the Rock history!

The day kicked off with a free oceanside yoga class on White Rock's iconic pier, presented by **Live Yoga**, before the celebration moved to Memorial Park. Throughout the afternoon, families enjoyed a bouncy castle, face painting, balloon animals, henna, a sweets station, flower arranging, jewelry making, a prize wheel and a cupcake station thanks to Akira's Cupcakes. Tacofino White Rock and Pop Culture Dirty Soda also joined the festivities, generously donating 10% of their net earnings from the day to PAH.

Behind every activity were the dedicated students who made it happen. Peace Arch Hospital + Community Health Foundation's (PAHCHF) Youth in Action program gives local students in grades 10–12 opportunities to volunteer, explore healthy lifestyles, build new skills and give back to their community. Throughout the year, members also learn how to organize, plan and execute Walk the Rock, putting those skills into action on event day.

All proceeds from this year's event support our ***Every Second Counts*** campaign for an integrated and expanded Intensive Care Unit (ICU) and Cardiac Monitoring Unit at Peace Arch Hospital. The project will transform critical and cardiac care in our community, creating modern spaces that provide greater privacy and comfort for patients and their families.

Thank you to everyone who attended, volunteered, sponsored, and supported Walk the Rock. We look forward to seeing you again next year!









Please help us thank the incredible sponsors for Walk the Rock 2026!

Presenting Sponsor:
Jeremy Reedman, CIBC Wood Gundy

Community Activity: Live Yoga

Gold: A Passion For Flowers; Sandcastle Fitness; Oceana Parc; Hamilton Duncan; Huer Foods

Silver: All Quotes; Ignite Pizzeria; Box2Fit

Bronze: South Surrey Smiles

Quiet Please:

Improving Sleep in Peace Arch Hospital's ER



A new sleep hygiene initiative has launched in Peace Arch Hospital's Emergency Department to help patients rest and heal. Supported by a Peace Arch Hospital & Fraser Health Community Grant from our Foundation, **the project includes educational signage, patient sleep kits and other measures designed to improve sleep quality during their hospital stay.**

Quality sleep is a critical part of healing. During periods of high patient volumes and overcrowding in our ER, some patients may spend time in hallway care spaces before being moved elsewhere in the hospital. Creating opportunities for rest during this time is essential to their recovery.

To address this need, PAHCHF partnered with Dr. Amir Behboudi, an Emergency Physician at PAH, to develop a sleep hygiene project that creates a quieter, healing environment for patients.

A mural installed along an ER hallway encourages visitors, patients and staff to keep noise levels low with reminders in multiple languages. Colourful cloud illustrations highlight the benefits of sleep, including faster recovery, improved cognitive function, stronger immune support and more.

The project also provides patients with sleep kits that include noise-cancelling headphones and eye masks to minimize noise and light distractions. Heated blankets and bed-position adjustments improve comfort, while medical staff support quiet hours between 11:00 p.m. and 6:00 a.m. whenever possible to encourage uninterrupted sleep.

"We're so grateful to our donors for helping create a more comfortable, healing environment for patients in our ER. These simple but meaningful changes are already making an impact, helping patients rest, recover and return home sooner."

– Stephanie Beck, CEO of PAHCHF

Learn more
about this project by visiting **pahfoundation.ca/sleep**, or by scanning the **QR code!**

Our Caring COMMUNITY



$30,888
RAISED

Rallying Together

The annual White Rock Badminton Tournament, hosted by the South Surrey Badminton Society and co-hosted by Spark Labs, rallied the community this past June for its fourth year. With a record-breaking 271 players participating, this year's tournament raised an incredible **$30,888** for the ICU and Cardiac Monitoring Unit at Peace Arch Hospital. Since its inception in 2023, the tournament has raised more than $96,000 for our hospital, becoming a meaningful community tradition with an incredible impact. A special thank you to every player and community member whose generosity made another successful year possible!



$105,000
RAISED

Pedalling for a Purpose

Elgin Park students put generosity into motion at the sixth Cycle4:ER! With 44 energetic teams filled with community members and a generous $50,000 matching gift from Tiger Sun Charitable Foundation, the event raised a record-breaking **$105,000** for critically needed ER equipment at Peace Arch Hospital. A heartfelt thank you to Sue Janzen, founder of Cycle4:ER, for your incredible leadership and generosity. With the support of the dedicated Elgin Park students, sponsors, participants, and supporters, Cycle4:ER has now raised more than $400,000 for our ER!



$285
RAISED

Little Hearts, Big Impact

A kindergarten class at Crescent Park Elementary School proved you're never too young to make a difference! This past Valentine's Day, the students put their creativity to work, making and selling handmade cards to raise an impressive **$285** for Peace Arch Hospital's Maternity Department. We extend our heartfelt gratitude to these young healthcare champions (and their teachers!) for helping us build a healthier future, one card at a time!

EVERY SE:CO:ND COUNTS

A Family's Gift to the Community They Call Home

Peace Arch Hospital has always been a community hospital. More than 70 years ago, local women rallied around a shared belief that their growing community needed a hospital of its own. With the determination of the Peace Arch Hospital Auxiliary, the generosity of community members, and a 5.5-acre land donation from Amy Weatherby, that vision became a reality.

In 1954, our hospital welcomed its first patients.

Much has changed since the 1950s. The hospital has grown, infrastructure has drastically grown, medicine has advanced and generations of local families have walked through its doors. But one idea has remained the same: **our community deserves exceptional healthcare close to home.**

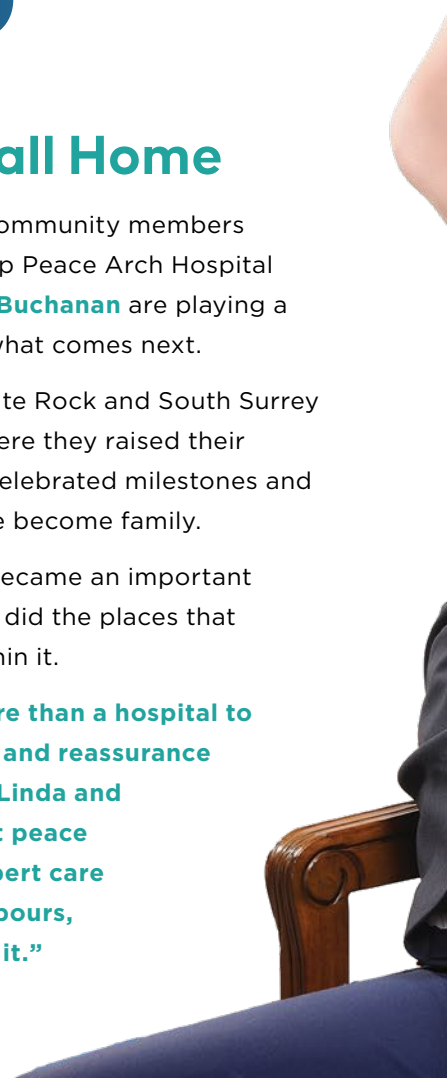
Today, continuing to deliver on that promise means looking ahead once again.

And just as generations of community members have stepped forward to help Peace Arch Hospital grow, **Linda Wei and Bruce Buchanan** are playing a meaningful role in shaping what comes next.

For more than 30 years, White Rock and South Surrey has been their home. It's where they raised their family, built their business, celebrated milestones and formed friendships that have become family.

Over time, this community became an important part of who they are, and so did the places that help care for the people within it.

"Peace Arch Hospital is more than a hospital to us. It is a source of comfort and reassurance for our entire community," Linda and Bruce share. "There is great peace of mind in knowing that expert care is here whenever our neighbours, friends, or loved ones need it."





LINDA WEI + BRUCE BUCHANAN

COMMUNITY CHAMPIONS

> “There is great peace of mind in knowing that expert care is here whenever our neighbours, friends, or loved ones need it.
>
> - Linda Wei and Bruce Buchanan

That peace of mind is something they want every family to have, now and for generations to come. It's why **Linda and Bruce have made a transformational $5 million gift to help build a new Intensive Care Unit (ICU) and Cardiac Monitoring (Telemetry) Unit at Peace Arch Hospital.**

Linda's commitment to this project runs deep; she's stepped up as a member of our *Every Second Counts* Campaign Committee. This committee is essential for our campaign, helping plan, build momentum in the community, and inspire others to get involved. She's also excited to bring the Chinese community together around this vital transformation in local healthcare.

> **Every act of generosity has the power to inspire another and when we come together to support one another, our entire community becomes stronger.**
>
> - Linda Wei and Bruce Buchanan



"As an old Chinese saying reminds us, many hands build a bigger fire, and a single spark can ignite a prairie," Linda shares. "Every act of generosity has the power to inspire another and when we come together to support one another, our entire community becomes stronger. We believe our community deserves exceptional healthcare close to home, and we are honoured to help make that possible through our gift to this project."

Their extraordinary $5 million gift comes at an important moment in our hospital's story. While the care delivered within Peace Arch Hospital's ICU and Cardiac Monitoring Unit continues to advance, **the spaces themselves have not kept pace.**

Step inside these units today and you can see how it is built for a different era of medicine. In the ICU, equipment fills crammed rooms, storage spills into hallways, and patients are separated by curtains or temporary walls. In the Cardiac Monitoring Unit, eight patients

are cared for across two rooms, with four patients sharing each room, making privacy unavailable during a critical time. These tight conditions offer little privacy or room for families to gather, making it challenging to have sensitive conversations, spend meaningful time together, or give patients the quiet and dignity they need to rest.

These constraints also create challenges for the teams providing care. Staff must carefully manoeuvre around equipment, wires and patient beds during urgent procedures, while limited storage can make accessing essential tools more difficult. In an environment where every second counts, **the room itself should never stand in the way of care.**

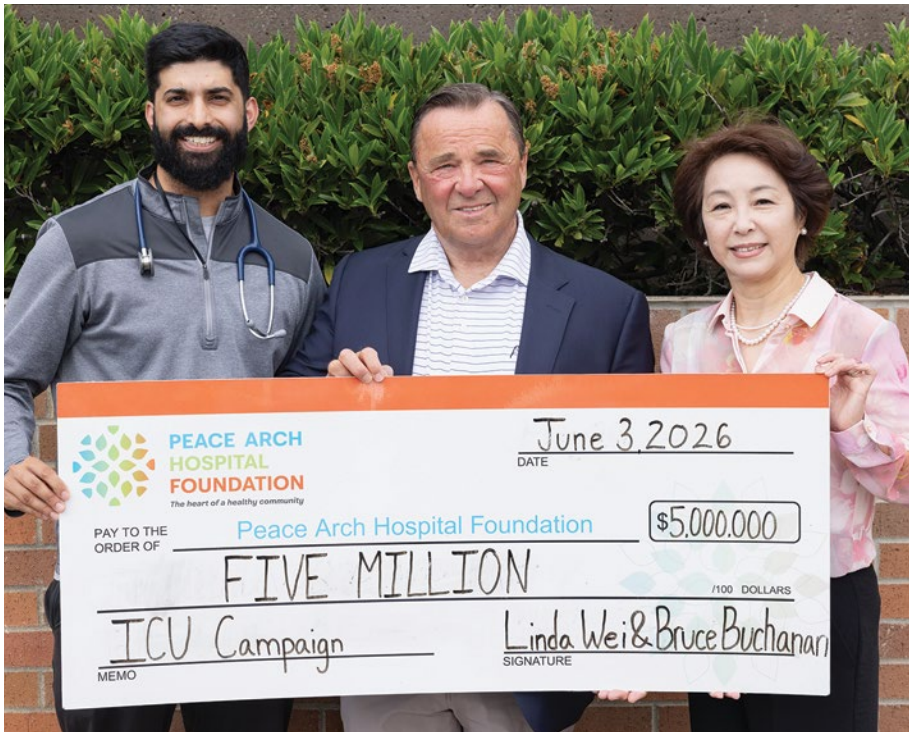
That is the driving force behind *Every Second Counts*, our campaign to build a new, expanded, and integrated ICU and Cardiac Monitoring Unit at Peace Arch Hospital, designed around the needs of today's patients, families and medical teams.

For Linda and Bruce, this dream is why they decided to support our hospital now.

"We believe there is no better time to invest in our community than now. As more families choose to call this area home, the need for exceptional healthcare continues to grow," Bruce says. "Knowing this gift may help save lives, bring comfort to families, and give someone precious time with the people they love makes it deeply meaningful to us."

"We hope this gift reminds people that a strong hospital belongs to all of us. None of us know when we or someone we love will need urgent medical care, and every act of generosity makes a difference. If our gift inspires even one more person to give back, that would be a legacy we would be incredibly proud of."

-Linda Wei and Bruce Buchanan



(From left) Dr. Vick Sharma, Internal Medicine Physician, ICU Department Head, Bruce Buchanan and Linda Wei

Care in Their Words

Hear from patients and medical teams about their experiences in Peace Arch Hospital's ICU and Cardiac Monitoring Unit to see why these spaces need to change.

WATCH THE STORIES

Every story counts

FROM BC FARMS TO LOCAL STUDENTS:

FRESH FOR KIDS IN OUR SCHOOLS

We know that healthy communities don't just happen, they are built by dedicated programs and initiatives with a goal to improve health and wellness, one step at a time. That's why we're excited to share that we're supporting BC Agriculture in the Classroom Foundation's Fresh for Kids program in our community!



FRESH for KIDS™
powered by
BC Agriculture in the Classroom Foundation

"GIVING KIDS THE OPPORTUNITY TO LEARN ABOUT HEALTHY FOOD AND ACTUALLY EXPERIENCE IT FOR THEMSELVES CAN HAVE A LASTING IMPACT. WE WANT THEM TO TAKE THAT KNOWLEDGE HOME AND CARRY THOSE HEALTHY HABITS WITH THEM AS THEY GROW."

- Balreet Mandair
Program Director, BC Agriculture in the Classroom Foundation



ABOUT FRESH FOR KIDS

BC Agriculture in the Classroom Foundation is a non-profit dedicated to helping BC children learn about food, agriculture, and healthy living. For over 20 years, their Fresh for Kids program (previously BC School Fruit and Vegetable Nutritional Program) has brought fresh, local food into classrooms while giving students the opportunity to learn where their food comes from.

With approximately one in five children in BC living below the poverty line and one in three arriving at school hungry, access to nutritious food can make a meaningful difference.

Our Healthy Community Grants is helping 23 elementary schools in White Rock and South Surrey participate in Fresh for Kids, receiving six fresh food deliveries throughout the school year. Together, that adds up to approximately **80,000 healthy snacks for local students each year!**

Each delivery pairs a healthy snack with educational resources teachers can bring into the classroom. This year, students will enjoy foods including baby carrots, cucumbers, mandarin oranges and cheese sticks, with products sourced from BC farmers and food producers.

The impact goes beyond a snack. Fresh for Kids is helping address food insecurity while introducing children to healthy foods and the people who grow and produce them. Organizers hear exceptionally positive feedback from parents whose children come home asking to buy foods they tried at school or even grow them in their own gardens.

We're proud to support Fresh for Kids through our Healthy Community Grants program and help give local students greater access to healthy food, knowledge and habits they can carry with them for years to come.







A Seat *at the* Table

Inside our Ambassadors Circle



Ambassadors Circle donors are among Peace Arch Hospital + Community Health Foundation's most committed supporters, giving $25,000 or more annually to help transform healthcare close to home.

But membership is about more than giving. It's an opportunity to become part of an exclusive community, featuring behind-the-scenes access to hospital tours, conversations with physicians and community leaders, and special experiences that offer a closer look at the impact of philanthropy.

One of the year's highlights is the annual **Ambassadors Circle Dinner**, an intimate evening of appreciation where members gather with fellow philanthropists and hear directly from physicians and hospital leaders about the needs, innovations, and opportunities shaping healthcare in our community.

This year, members gathered at **Noble at the Hills**, a secluded setting nestled among the greens of The Hills at Portal Golf Club. From cocktails and canapés to an exceptional dinner and a few unexpected surprises, the evening offered members a lovely opportunity to connect, celebrate, and enjoy an experience reserved exclusively for this remarkable circle of donors.

The evening was generously sponsored by the **Geoff & Jolene Funke Foundation**, whose support helps make this special experience possible. We are deeply grateful to Geoff and Jolene for helping create an evening where philanthropy, connection, and community take centre stage.

The Ambassadors Circle is more than a giving circle. It is a community of people who believe in the power of philanthropy to create lasting change, and who want to have a seat at the table when we talk about what comes next.

Want to be part of something extraordinary?

Whether you're interested in joining the Ambassadors Circle or helping to bring memorable donor experiences to life through sponsorship, we'd love to connect with you.

TO LEARN MORE ABOUT OUR AMBASSADORS CIRCLE:

To join:
Sean Kenny
sean@pahfoundation.ca

To sponsor:
Amy Cross
amycross@pahfoundation.ca

GENEROUSLY SPONSORED BY

GEOFF AND JOLENE FUNKE FOUNDATION

A TRANSFORMATION IS TAKING SHAPE

Something big is happening at Peace Arch Hospital. Across the campus, major projects are moving forward, new technology is arriving and spaces are being transformed, creating a stronger future for patients, families and healthcare teams.



In Medical Imaging, the permanent MRI suite is nearing completion, bringing a new state-of-the-art MRI to Peace Arch Hospital. Testing of the new equipment is the next step, and we look forward to sharing an update with our donors first as the team prepares to welcome patients for their first scans. A new Medical Imaging Campaign donor wall is also in place, permanently recognizing the generous donors who helped bring this transformative project to life.



Meanwhile, **phase 1 construction of the new Production Kitchen is complete**, with final culinary staff training and testing now underway. The $5.5 million transformation is on track to serve its first patient meal in early 2027, bringing modern technology and a new approach to preparing meals for patients. Phase 2 of this project will extend the transformation to the new production kitchen's dishwashing, service and support areas, while also revitalizing the hospital's cafeteria, creating a refreshed space for patients, visitors, and staff to enjoy.

The momentum extends beyond the hospital walls. **Foundry South Surrey-White Rock is currently in the pre-construction** and permitting phase, with donor support helping the Foundation work toward its $2 million commitment. At the hospital, initial construction is also taking place on our fourth-floor transformation, which will create a brand new, integrated Intensive Care (ICU) and Cardiac Monitoring Unit.



And as these changes take shape, a new **Gallery of Gratitude** has recently been installed within the hospital's main entrance. Replacing the former Wall of Hope, the Gallery recognizes the donors whose generosity has helped make transformations like these possible.

The future of care is no longer something we are simply planning for. It is taking shape all around us, thanks to you.

THE PEACE ARCH HOSPITAL GALA

ILLUME

Where light meets purpose



On May 2, 2026, Centennial Arena once again set the stage for one of the community's most anticipated philanthropic evenings: the Peace Arch Hospital Gala. Each year, the Gala takes on a new theme and identity, and in 2026, guests stepped into ILLUME — an immersive celebration of light, innovation and connection, with unexpected moments around every corner.

Dressed in black tie and surrounded by community leaders, philanthropists and friends of Peace Arch Hospital, 450 guests gathered for an unforgettable night of celebration and extraordinary generosity. The funds from the 2026 Gala were in support of Every Second Counts, the Foundation's campaign to create a state-of-the-art Intensive Care and Cardiac Monitoring Unit at Peace Arch Hospital.

The generosity began early in the evening. Xudong Liu and Donna Dong announced an extraordinary **$200,000 matching gift**, setting the pace for a night of remarkable philanthropy. Chris and Anita Helser followed with a generous **$100,000 gift**, while transformational gifts from Todd and Debra Antifaev, Yongjun Ba and Dicun Zhao, Vern and Helga Höing, William Sapphire and Dr. Michelle Liu, and a group of anonymous philanthropists added further momentum to the campaign.

One of the evening's most powerful moments came when longtime Peace Arch Hospital supporters and ICU Committee Co-Chairs **Mark Woodall and Judy McKague** announced an extraordinary **$1 million gift** to *Every Second Counts*. Their generosity was a powerful reminder that philanthropy at its best is about much more than a single sparkling evening. It's about believing in what is possible for a community and helping make it happen.



THIS YEAR, THE COMMUNITY LIT THE WAY AT ILLUME.

THE PEACE ARCH HOSPITAL GALA WILL BE BACK IN 2028, AND THERE'S A PLACE WAITING FOR YOU, TOO.







The momentum continued when the **Surrey Fire Fighters' Charitable Society and White Rock Fire Fighters Charity Association** announced a combined **$500,000 commitment** to critical and cardiac care at Peace Arch Hospital, made possible through their annual charitable golf tournament. "Together, these gifts captured the spirit of ILLUME," says Stephanie Beck, CEO of PAHCHF. "It's a celebration of what can happen when a community comes together with a shared vision for better health care close to home."

But the magic of ILLUME wasn't just about the numbers. Guests were welcomed with radiant cocktails and an atmosphere designed to spark curiosity at every turn. A gleaming Cadillac Celestiq provided one of the evening's show-stopping moments, while a silent disco kept guests dancing long after dinner. Returning for a third year, Layne the Auctionista brought their trademark energy to the stage as MC and auctioneer, helping turn generosity into an unforgettable experience.

And behind the scenes, 65 volunteers made sure every detail came together flawlessly. "You can't mistake the extraordinary feeling that happens when an entire community gathers in one room with a shared purpose," adds Stephanie Beck. "For one night, Centennial Arena glowed. But the impact of that generosity is already reaching much further into the future of critical care here at Peace Arch Hospital – and straight into the lives of the patients and families who depend on it."

This year, the community lit the way at ILLUME. The Peace Arch Hospital Gala will be back in 2028, and there's a place waiting for you, too.

THANK YOU TO OUR INCREDIBLE SPONSORS

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Planning for the Legacy you want to leave



ESTATE PLANNING INSIGHTS BY

Simmy Grewal

ASSOCIATE LAWYER, JEFFORY M. BORKOWSKI LAW CORPORATION

> "Your estate plan can be more than a transfer of wealth. It can be a lasting expression of your values, gratitude, and the impact you hope to have for generations to come."

When we think about the future, many of us wonder what we want our lasting impact to be. An estate plan can provide for the people we love, but it can also be an opportunity to reflect on the values that have shaped our lives and the difference we hope to make beyond our lifetime.

Including a charitable gift in your estate plan is one way to turn those values into a lasting legacy. Whether it is a specific amount, a percentage of your estate or another type of gift, charitable giving can support an organization or cause that has been meaningful to you and help strengthen your community for generations to come. A legacy gift can be meaningful at any level. What matters is the intention behind it.

Importantly, providing for family and leaving a charitable legacy do not have to be competing goals. With thoughtful planning, an estate can reflect both your loved ones and the causes you care about.

There are also practical considerations. Your charitable gift should be considered alongside your family's needs, other estate-planning goals, and the nature of your assets. Depending on the circumstances, charitable gifts may provide tax benefits. Beneficiary designations and other arrangements should also be reviewed with your professional advisors to ensure they work together as intended.

It is equally important to communicate your wishes and revisit your plan as circumstances change. Estate planning should not be "set and forget."

Ultimately, I encourage people to ask themselves: What mattered to me? Who do I want to help? Who helped me along the way? What organizations or communities do I want to be stronger because I was here?

The information provided is general in nature and is not intended to constitute legal or other professional advice. Estate planning circumstances vary, and individuals should obtain legal, tax, accounting, and financial advice appropriate to their specific circumstances.

2025-2026

Financial Summary



Fundraising revenue:
$15.49M

Sources of fundraising revenue:

- ESTATE GIFTS **34%**
- MAJOR GIVING **46%**
- OTHER SOURCES **21%**



Funds designated for:

- AREA OF GREATEST NEED **21%**
- ICU/CARDIAC MONITORING **19%**
- PRODUCTION KITCHEN **13%**
- OTHER RESTRICTED FUNDS **14%**
- CAPITAL ASSETS **32%**

Disbursements designated for:

- ICU/CARDIAC MONITORING **44%**
- EQUIPMENT **27%**
- HEALTHY COMMUNITY GRANTS/PROJECTS **13%**
- PRODUCTION KITCHEN **15%**
- PEACE ARCH HOSPITAL GRANTS/OTHER PROGRAMS **2%**



Giving with Shares

Support your hospital with a gift of appreciated shares - it's easy!

Learn more at pahfoundation.ca/shares



PEACE ARCH HOSPITAL + COMMUNITY HEALTH FOUNDATION

DONATE ONLINE

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