

White Rock South Surrey

Primary Care Network

PRENATAL EDUCATION SERIES

2025-2026 Series

FREE IN-PERSON SESSIONS

The White Rock-South Surrey Primary Care Network in partnership with the Peace Arch Maternity Clinic is offering prenatal education sessions for those delivering at Peace Arch Hospital.

These sessions are provided in a two-part group format. The first session will help you prepare for labour and delivery while the second session will help you prepare for the postpartum period and bringing your baby home. These sessions will be facilitated by a maternity physician and/or registered nurses.

Please visit the registration page for available dates and times. We suggest you register sometime within your second or third trimester and complete the sessions by 36 weeks.

The sessions are offered in-person at the Centre for Active Living, 1475 Anderson Street, White Rock.

MORE INFORMATION

White Rock-South Surrey Primary Care Network wrsspcneducation@fraserhealth.ca

236.332.5401







SCAN HERE TO REGISTER



wrssedu.com/prenatal