

2023 REPORT TO DONORS

Your Impact

How you changed lives
for the better in 2022.



PEACE ARCH
HOSPITAL
FOUNDATION

Made Possible by You

New Surgical Daycare and Eye Care Unit Opens at Peace Arch Hospital

Construction is now complete on the new Surgical Daycare and Eye Care Unit on the second floor of the acute care building at Peace Arch Hospital. The new space is better designed to meet the needs of staff and patients with seamless transition through the surgical process.

As the main hospital for the communities of White Rock and South Surrey, Peace Arch Hospital provides a range of health care services including emergency, surgery, mental health care, and maternity care. Surgeries not requiring an overnight visit are coordinated through Surgical Daycare, where our teams of health professionals including registered nurses, licensed practical nurses, unit clerks, surgeons, and anaesthesiologists care for patients.

The new, modern Surgical Daycare space has 12 patient bays — up from eight. It is conveniently located next to the Operating Suite and the Post-Anesthesia Care Unit, eliminating the need to move patients from floor-to-floor for treatment.

The new area is better designed to meet the needs of surgical patients and will offer an improved patient and staff experience.



Improved Care for our Patients

New Eye Care Unit Brings Clarity and Relief to Local Residents

For long-time Peace Arch Hospital user, Wendy Reid, being “in the dark” had increasingly become an accepted way of life.

“I had been experiencing what I thought was typical eyesight decline for years,” she explained. “I went to an Optometrist, and she said I have cataracts and they’re at the severity where I can get them removed. My original appointments were scheduled until the COVID-19 pandemic hit, but then those procedures were canceled or postponed overnight.”

“I had such a hard time seeing at night, but also in the sun. The sunlight blinded me,” she recalled. “There were times where I was driving, and my vision was so bad I had to stop the car and pull over. I was scared – white knuckling it.”

It became so fraught for Wendy that she went so far as to change her working hours to accommodate for a safe commute.

“When I finally saw [Peace Arch Hospital Ophthalmologist], Dr. Berman, he said that my cataracts were so bad he would need to operate on them immediately. I had my first procedure in May in the new eye care unit. It was quick and painless. The procedure itself only took 10 minutes or so.” She went back in June for her other eye.

“Four days after, the fog in my eye lifted. I could see again.”

“Colours are now more vibrant. There’s more contrast in what I see. I can drive at any time, day or night, with ease and confidence. I can read computer screens at work without squinting or adjusting my posture. I went to a restaurant recently, and in the dim lighting, I could read the menu again. It’s just been a life-changer.”

Thanks to you, Wendy and many others in the community face shorter wait times for cataract and other eye procedures.

“I got my life back,” Wendy remarked, holding back tears.



Rehabilitation Department

Creating a healthier, more inclusive future... one step at a time!

We are thrilled to share some incredible news that is having a direct and meaningful impact on the lives of patients at Peace Arch Hospital. Thanks to the unwavering support of generous donors like you, Peace Arch Hospital has successfully acquired brand new, state-of-the-art parallel bars for the physical therapy and rehabilitation department!

Parallel bars serve as an essential tool for assisting patients in regaining their mobility and strength following injury, illness, or surgery. These sturdy bars provide a secure framework for patients to hold onto while practicing walking, weight-bearing exercises, and other therapeutic movements.

This significant upgrade makes a pivotal moment in our hospital's commitment to providing the

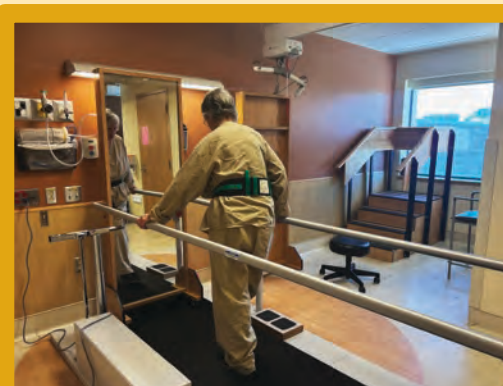
highest quality care to our community. The installation of these new parallel bars has already begun to revolutionize the rehabilitation experience for our patients. "Unlike our outdated model that was 20 years old, the new parallel bars offer enhanced flexibility and adaptability," says Kim Stang, Clinical Services Manager at Peace Arch Hospital. "Patients of varying mobility levels can now receive tailored and therapeutic interventions, improving their chances of regaining independence and mobility."

"This upgrade ensures that every individual, regardless of their physical challenges, can access the care they deserve, promoting a quicker and more effective recovery process," adds Alice Crawford, Physical Therapist at Peace Arch Hospital. "Features of the new bars include a solid base to assist with balance work, bariatric capacity, adjustable bar

height, and an adjacent mirror for visualizing steps."

By offering support and stability, parallel bars enable patients to gradually increase strength and coordination, facilitating a smoother and more effective recovery. For patient partner and amputee, Thelma, the new parallel bars were instrumental in getting back upright and adjusting to the new normal of a prosthetic leg. "I'm so grateful for the new equipment, it really changes the patient experience and helps people like me get back on their feet quicker," she says.

Your support has not only transformed the rehabilitation journey for our patients but also contributed to the overall excellence of Peace Arch Hospital's services. The addition of these modern parallel bars stands as a testament to the profound impact that community collaboration can achieve.



Our community is thriving because of you!

The impact of dollars from donors like you stretches well beyond the hospital campus, helping to create the healthiest community possible and providing granting programs to members of the White Rock and South Surrey area, along with employees of Peace Arch Hospital and Fraser Health.

The following grants were provided in 2022 thanks to your generous support!



HEALTHY COMMUNITY GRANTS

This has offered financial support to viable projects, programs, and initiatives that enhance the health and wellness for those living in the White Rock and South Surrey area.



PEACE ARCH HOSPITAL & FRASER HEALTH COMMUNITY GRANT

Open to Peace Arch Hospital and Fraser Health employees currently working in the White Rock and South Surrey region, this grant was created to support initiatives to enhance the hospital campus and to fund special projects.



PAH STAFF EDUCATION GRANT

This grant aims to provide innovative professional development opportunities to Peace Arch Hospital or Fraser Health Community employees working in the White Rock and South Surrey community. 2022 funding allowed for seven new individuals to receive advanced professional development through conferences, seminars, and educational workshops.

ORGANIZATIONS THAT HAVE BENEFITTED FROM OUR GRANT FUNDING IN 2022 INCLUDE:

Alex House
Brella Community Services Society
Peace Arch Hospital: Emergency Department
Peace Arch Hospital: Long-term Care
Peace Arch Hospital: Nutrition Services
Peace Arch Hospital: Ellen Sinclair Kennett Lodge
Semiahmoo House Society
Sport for Life (Move for Life)
Together-SSWR
UNITI
Vancouver Cancer Drivers Society
White Rock-South Surrey Division of Family Practice

"Peace Arch Hospital Foundation has been a generous supporter of Avalon since 2013. Through their contributions they have made a huge difference to our organization by supporting our child-minding program as well as our AvalOnline project - helping women continue to access our services virtually during the pandemic. We are so grateful to Peace Arch Hospital Foundation for making this important project possible at such a crucial time for young people in our community."

– AVALON RECOVERY SOCIETY

Helping Kids in your Community



Calming Children in a Time of Need

Going to the ER can be an anxious experience at any age. It can be especially scary for children, particularly if they're in pain, which is often the case when visiting the ER. That's why Peace Arch Hospital ER physician, Dr. Amir Behboudi, teamed up with a local puppeteer and ventriloquist.

"It's about trying to make the ER less scary for kids," remarked Dr. Amir Behboudi. "We want to decrease children's anxiety when they come to the hospital."

After witnessing his own son's positive response to the puppets, Dr. Behboudi secured funding through Peace Arch Hospital Foundation to launch new programming for children at Peace Arch Hospital. This innovative project was funded through our Peace Arch Hospital

and Fraser Health Community Grant stream, which aims to support employees of PAH in their efforts to enhance patient care in areas that are not typically funded by Fraser Health Authority.

With support from this grant, Dr. Behboudi was able to garner the expertise of Kellie Haines, a puppeteer and ventriloquist. They created six videos about common ER scenarios: X-ray, ultrasound, blood draw, CT scans, starting an IV and procedural sedation.

The video series, entitled Magrau

and Kellie and the Hospital, features Haines with one of her puppets, a large and rather absent-minded bird named Magrau.

In the videos, Magrau and Kellie, with the assistance of Peace Arch Hospital medical staff, talk about what's about to happen, and show each step of every procedure.

Thank you for helping thousands of children and parents have a better, more calm experience in Peace Arch Hospital's ER!

"Kids come in and they're in pain and scared... but then we see them engaged [by the puppet], and how it helps calm both the parents and the kids."

— DR. AMIR BEHBOUDI

Cardiac services improved with this tax-smart gift from the heart

In White Rock and South Surrey, every act of giving has the power to create lasting change, and one shining example comes from a donor whose unique contribution not only transformed our hospital but also exemplified the remarkable impact of donating publicly-traded, appreciated securities.

Elaine Godwin, a dedicated donor who saw the potential to make a difference in the most innovative way, donated \$45,000 worth of securities to our hospital foundation, a gesture that ignited a ripple of positive change.

Her generosity enabled us to bring the cutting-edge GE Case 7 Cardiac Treadmill system to our hospital campus, directly impacting the lives of countless patients.

The new cardiac treadmill system is more than just a piece of medical equipment: it symbolizes a renewed hope for our cardiac patients. Specialized systems of this kind are essential for assessing cardiovascular health, providing controlled exercise stress tests that help diagnose heart conditions and tailor effective, personal rehabilitation plans.

“In May 1971, my husband, Dr. Tom Godwin, installed the first temporary pacemaker in a patient at Peace Arch Hospital. I think of him when I make these donations.”

Elaine’s decision to donate appreciated securities highlights the advantages of giving in this way. Donating shares offers

significant tax benefits for donors in Canada, creating a smart and impactful option for individuals seeking to maximize their contributions.

“We are deeply grateful for donors like Elaine who embrace innovative approaches to giving. Her story reminds us that every gift, no matter the form, holds the potential to transform lives,” says Elodie Bezubiak, Leadership Giving Officer at Peace Arch Hospital Foundation. “As we continue to serve our community with the highest quality healthcare options, we are committed to recognizing and celebrating the unique impact that each donor brings to our mission. Together, we are shaping a healthier and brighter future for all!”



Because of donor generosity in 2022...

Our medical teams can now use the following pieces of equipment (and more!) to save lives and improve patient care!

ENDOSCOPIC CYSTOSCOPE – SURGICAL OUTPATIENT DEPARTMENT - \$20,000

A specialized thin tube with a camera and light at the end, Cystoscopes are used to examine the ureter and bladder. Because of you, physicians have another life-saving tool to determine if a loved one has tumours, stones, or cancer, among other diagnoses.



RESPIRATORY MONITOR – MATERNITY DEPARTMENT - \$6,700

A respiratory monitor reads the function of your respiratory system and heart. This respiratory monitor is used in the maternity ward to monitor the well-being of newborns. Thanks to *you*, we have improved equipment to safeguard the well-being of babies born in White Rock.

PORTABLE ULTRASOUND – OPERATING DEPARTMENT - \$45,000

Things can change in an instant in the operating room. Whether it's bone imaging, a viral infection, cardiac concerns, or anything in-between, it's imperative for the health of the patient that surgeons have access to imaging tools during procedures.

This portable ultrasound device, used for rapid determinations during surgeries to save lives, was funded by *you*. Thank you.



GLIDESCOPE BLADE (TITANIUM LOPRO T4) – OPERATING DEPARTMENT - \$6,500

Glidescopes allow technicians to intubate patients for surgery. This donor-funded glidescope makes intubation a painless, seamless process for both technician and patient. With a camera on the end, it allows surgeons a crystal-clear view of the airway and vocal cords, improving the experience for both routine and more difficult intubation scenarios. No one wants the added stress, and even injury in some cases, of a difficult intubation during surgery, and thanks to you, the chances of that are now lower.



CARDIOLOGY STRESS TEST TREADMILL SYSTEM (GE CASE 7) – CARDIOLOGY - \$42,000

A stress test helps a doctor find out how well your heart handles work. This exercise stress test system is used to:

- Diagnose coronary artery disease
- Diagnose possible heart-related causes of symptoms, such as chest pain, shortness of breath, or light-headedness
- Determine a safe level of exercise
- Check the effectiveness of procedures done to improve coronary artery circulation in patients with coronary artery disease
- Predict risk of dangerous heart-related conditions such as a heart attack

A cardiac disease or event can be a scary thing. Thanks to you, physicians at Peace Arch Hospital can catch serious heart issues earlier, *saving lives*.

Read more about the gift that made this equipment possible on page 7!



PEACE ARCH HOSPITAL FOUNDATION is honoured to celebrate the generosity of individuals, corporations, and organizations who are our Ambassadors and give generously to advance our mission of enhancing Peace Arch Hospital and the health and wellness of our community. In recognition of their valued support we invite all donors who have given \$100,000 or more in their lifetime or \$10,000 in a year to be members of our Ambassadors Circle. Their spirit of giving back makes an impact on having a premium health care centre for everyone in our community. For more information, please contact Elodie Bezubiak at **604.535.4520** or elodie@pahfoundation.ca

FOUNDERS - \$1,000,000 +

Anonymous (4)*

CHAMPIONS - \$250,000 +

Anonymous (2)*

Peace Arch Hospital Auxiliary Society

LEADERS - \$100,000 +

Anonymous (2)*

Jerry & Jackie Dugger*

Werner & Helga Høing Foundation*

Manjit Lit & Family*

Xudong Liu & Donna Dong*

Gary & Anne McPhail*

Yitung Buddhist Temple*

BUILDERS - \$25,000 +

Anonymous (3)*

John & Gillian Bertamini*

John Booth

Terry & Cheryl Calam

Laurance & Geraldine Carlson Fund

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Daley Family Foundation

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Elaine Godwin*

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Ventana Construction

Richard von Hehn*

Westshore Terminals

Mark Woodall & Judy McKague*

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BENEFACTORS - \$10,000 - \$24,999

Anonymous (2)*

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Yongjun Ba & Dicun Zhao

ADDITIONAL LIFETIME DONORS

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Arnie Bodding*

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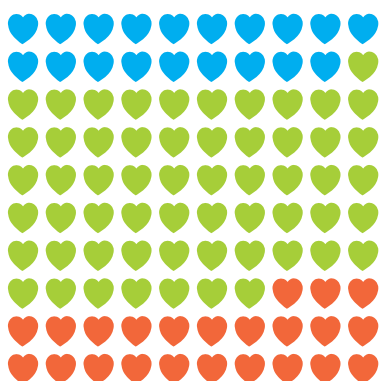
Please note: This listing reflects gifts made during the 2022 year, as well as individual Lifetime Ambassadors. Our Ambassadors Circle qualifying levels will be changing as of January 1, 2024. Please see our website in the coming months for more information about these changes or contact Elodie Bezubiak.

2022-2023 FINANCIAL SUMMARY

April 1, 2022-March 31, 2023

FUNDRAISING REVENUE: \$13.315M

Sources of fundraising revenue:



19%

Estate Gifts

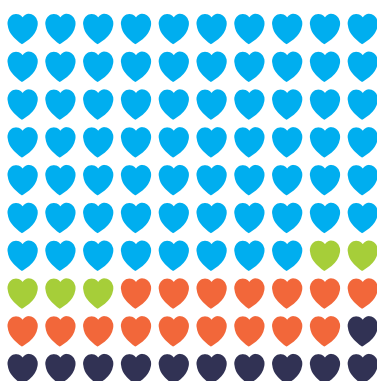
58%

Major Giving

23%

Other Sources

Funds designated for:



68%

Area of
Greatest Need

5%

Operating Room

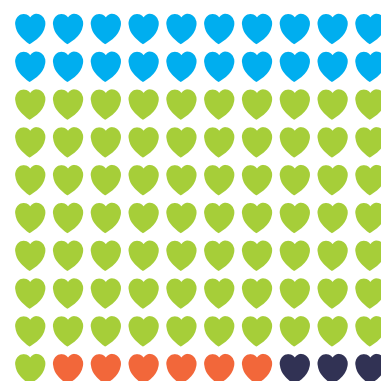
16%

Capital Assets

11%

Other Restricted
Funds

Disbursements designated for:



20%

Equipment

71%

Operating Room

6%

Healthy Community
Grants + Projects

3%

Peace Arch Hospital
Grants/Other Programs



LISTEN NOW!



PEACE ARCH
HOSPITAL
FOUNDATION

POWER TO HEAL PODCAST

Peace Arch Hospital Foundation is sharing stories of resilience, generosity, innovation, and inspiration on the new Power to Heal podcast.

Hosted by broadcaster and local South Surrey resident, Wayne Cox, you'll hear the latest updates on Peace Arch Hospital and how community health is shaping what it means to be healthy.

NEW EPISODES coming soon!

Listen at pahfoundation.ca/podcast or find us on your favourite podcast app.



SPONSORSHIP OPPORTUNITIES

Interested in sponsorship opportunities? Contact Ed Laverock at ed@pahfoundation.ca or **604.535.4520**.



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