



HEALTH
TaLKS
WITH
DOCS

Living Well with Type 2 Diabetes

OCTOBER 9, 2025

6:00-7:00 PM (DOORS OPEN AT 5:30 PM)

**CENTRE FOR ACTIVE LIVING, CURLING LOUNGE
1475 ANDERSON STREET, WHITE ROCK**

Join us for an informative evening with Family Physician, Dr. Toma Timothy to learn about type 2 diabetes, how it impacts the body, and simple steps for prevention and management. Whether you're newly diagnosed, supporting someone, or just looking to stay informed, this session offers practical tools for healthier living.



PRESENTED BY
DR. TOMA TIMOTHY
FAMILY PHYSICIAN



NO COST TO ATTEND

REGISTER NOW (space is limited)
<https://wrssedu.com/type2diabetes>

QUESTIONS? 604.531.1888 or info@wrssdivision.ca
wrssdivision.ca

HOSTED BY:



White Rock-South Surrey
Division of Family Practice
An FPSC Initiative