

thrive

SUMMER 2023



PEACE ARCH HOSPITAL FOUNDATION



BEHIND THE SCENES WITH
RADIOLOGIST, DR. JEFF HAGEL

A SENIOR'S ABILITY COURSE
TESTS PHYSICAL FITNESS

THE 2022 DONOR LIST

ELLEN SINCLAIR KENNETT

The late passionate pioneer who helped shape
Peace Arch Hospital into what it is today

MEET +

Here at the Foundation, we think a lot about legacy as we assist donors with their philanthropic goals, which often includes leaving a gift in their will to a project or department at Peace Arch Hospital that is especially meaningful to them.

We see this as a true circle of care: making a gift in gratitude for the great care you received at Peace Arch that also supports health care for future generations. In this issue, we're introducing you to the late Ellen Kennett, whose legacy in this community will be felt for years to come. Not only was she a trailblazer for health care, supporting Peace Arch Hospital since the early days, but her community involvement was inspirational. You'll learn more about Ellen and how her legacy endures on Page 8.

Also, in this issue is an update on the latest hospital expansion plans and an eye-opening Q&A that goes behind the scenes with one of Peace Arch Hospital's radiologists. We're also highlighting the Peace Arch Hospital Gala that took place in May.

Our rendition of Alice in Wonderland was a smashing success, with our generous community raising a staggering \$1 million+ in support of their hospital. Our gala has been winning awards for the last couple of years and now we're breaking records too!

Lastly, you'll find our 2022 donor listing and 2022-2023 financial summary for your perusal. We truly couldn't accomplish anything without the generosity of our donors and their commitment to ensuring we have the best health care possible right here in White Rock and South Surrey. We are so grateful.

Have a wonderful summer!



Grant Turnbull
Board Chair



Stephanie Beck
Executive Director



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New Surgical Daycare and Eye Care Unit opens at Peace Arch Hospital

Construction is now complete on the new Surgical Daycare and Eye Care Unit on the second floor of the acute care building at Peace Arch Hospital. The new space is better designed to meet the needs of staff and patients with seamless transition through the surgical process.

As the main hospital for the communities of White Rock and South Surrey, Peace Arch Hospital provides a range of health care services including emergency, surgery, mental health care, and maternity care. Surgeries not requiring an overnight visit are coordinated through Surgical Daycare, where our teams of health professionals including registered nurses, licensed practical nurses, unit clerks, surgeons, and anaesthesiologists care for patients.

The new, modern Surgical Daycare space has 12 patient bays — up from eight. It is conveniently located next to the Operating Suite and the Post-Anesthesia Care Unit, eliminating the need to move patients from floor-to-floor for treatment.

The new area is better designed to meet the needs of surgical patients and will offer an improved patient and staff experience.



New Eye Care Unit

The new Eye Care Unit has a dedicated ophthalmology procedure room with a pre- and post-operative area for performing glaucoma surgery, cataract surgeries, and other specialized eye procedures. A ceiling-mounted Zeiss microscope is the centrepiece of the new ophthalmology procedure room, with enhanced illumination, high-definition video recording, and a wireless footswitch. The state-of-the-art microscope includes a superior secondary scope for an ophthalmology assistant.



nature of the microscope also eliminates tripping hazards for staff.”

The \$350,000 microscope was funded by generous donors to Peace Arch Hospital Foundation.

“Our community has always been passionate about ensuring that Peace Arch Hospital has the equipment it needs to keep quality healthcare close to home,” says Stephanie Beck, Executive Director of Peace Arch Hospital Foundation. “With our beautiful new ophthalmology procedure room and the continued generosity of our donors, there’s now an even better future in sight!”

“It’s important that Peace Arch Hospital has the space, equipment, and services to meet the health needs of people living in White Rock and South Surrey,” says Cathy Wiebe, Executive Director, Delta and White Rock/South Surrey Health Services and Delta and Peace Arch hospitals. “I would like to thank our staff for working through several years of renovations so we can provide

the best care possible. Also, it is through the efforts of the Peace Arch Hospital Foundation that we are able to equip our new Eye Care Unit with technology that not only improves patient care, but also helps our recruiting efforts.”

The new Surgical Daycare and Eye Care Unit are part of Fraser Health’s commitment across the region to modernize our healthcare network, build capacity, and improve timely access to quality care closer to home. The new Surgical Daycare and Eye Care Unit align with the Peace Arch Hospital expansion project, and conclude the surgical renewal at Peace Arch Hospital.



A HEARTFELT THANKS TO THE DONORS WHO MADE EXTRAORDINARY GIFTS TOWARD THIS PROJECT:

John & Gillian Bertamini
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Ed & Sheila Sampson
Doris Luking
Stan Scheves

“The optics of the new microscope are incredible,” says Dr. Mae Tam, ophthalmologist.

“The sharper image quality allows us to see more during retina, cataract, glaucoma, corneal, and other specialized eye procedures.”

“Because the new microscope allows for transfer of patient information directly to the care team, we are able to more accurately treat patients and ultimately perform more surgeries,” says Dr. Michael Berman, ophthalmologist. “The cordless

LIFE IN THE GREY:

Behind the Scenes of Radiology with Peace Arch Hospital's Dr. Jeff Hagel

Once upon a time, in a small hospital nestled on the West Arm of Kootenay Lake in the rugged Selkirk Mountain range of southeastern British Columbia, a young medical student was shadowing the rounds of a seasoned orthopedic surgeon. This was one of many general rotations to be completed in early medical school and provided the perfect opportunity to visualize a prospective career in surgery.

The surgical preceptor had other ideas. With one steady point of a finger, he directed the medical student to follow the hospital's signs to another department. That department was Radiology, and the medical student, now Radiologist, was Dr. Jeff Hagel.

"It's pretty rare for people to go to medical school and say, I want to be a radiologist," Dr. Hagel says. "It's not the first thing that people think about when they decide to practice medicine. It wasn't even on my radar, but when I started to take a good look at it, I really loved it."

"Radiologists are kind of like the quarterbacks of the hospital," Hagel says. "I love having the opportunity to interact with as many patients and care providers as possible. Even though I don't

typically get to develop long-term relationships with patients, there is beauty in the complexity of solving a bunch of little mysteries, often."

"The classic idea of a radiologist is a historical thing," Hagel says. "People think we just sit in dark rooms without talking to any other people — that it's an easy job, and we're drinking coffee all day."

"The reality is, the concept of radiology has definitely changed. We're very, very busy."

Waiting for medical imaging that can tell a patient if they're a candidate for life-improving surgery — or whether the tumour that is causing them discomfort is benign or not — often causes tremendous anxiety. When imaging wait times are long, a patient's work and family life are often impacted, in addition to their prognosis.

"Time is brain," Dr. Hagel says. "With strokes or other medical emergencies, the shorter the wait time, the less residual damage occurs. We don't want any brain wastage."

Right now, Peace Arch Hospital's medical imaging department is in desperate need of major improvements. Current imaging

equipment results in low-quality images, delayed or rescheduled appointments, a lack of patient comfort, and loss of qualified staff to other healthcare centres with more modern technology.

"Radiology is kind of like the nerve centre of the hospital. If this were a game of football, Radiologists would be the quarterbacks. The footprint that I have in this hospital — in terms of the number of cases we interact with — is far greater than any other department on a day-to-day basis. Now, of course, everyone has their role, and they are implementing a lot of care and are impacting the patient greater overall. But, without our excellent radiology team guiding people in the right direction, a lot of patients can get bad care."

Radiologists like Dr. Hagel and others at Peace Arch Hospital have a demanding and multifaceted routine. Their day typically begins by reviewing patient schedules, followed by interpreting various medical images and consulting with referring physicians. They perform image-guided procedures, compile detailed reports, and engage in continuing education. On-call responsibilities for medical emergencies and critical findings are also part of their role.



Medical imaging is at the forefront of all medical diagnosis, from acute care settings to complex emergencies. It plays an important role in a patient's journey through illness and disease and is pivotal in the diagnosis and management of all ailments. Keeping up to date with new medical imaging technologies will transform the care experience for both patients and physicians, providing more accurate diagnosis and outcomes for all.

"Right now, there is a wide spectrum of problems and diseases that we see. We need to be on our toes at all times, and it's not easy. We operate in shades of grey. Images that radiologists review are grey in colour, and when we examine them, there are many areas that require nuance. The reality is, the better equipment we have, the clearer the images will be, and the closer we'll get to being definitive."

"Rest assured, any patient that is coming to Peace Arch Hospital right now is still getting good care," Dr. Hagel adds. "But our radiology would be better complemented with better machines."

The addition and installation of this new, state-of-the art medical imaging equipment will allow Peace Arch Hospital's clinicians to better triage patients in both acute care and chronic disease, allowing for imaging-guided interventions, and providing optimization of treatment planning.

"I am most excited about a new MRI machine," Dr. Hagel says. "Of course, every disease process has a different modality that can be better served by our various pieces of imaging equipment. But commonly, the ultimate endpoint

to a challenging case is most often found through MRI. This is where technology moves the fastest, and it's important that we keep up."

As Dr. Hagel navigates the demanding and nuanced world of radiology at Peace Arch Hospital, he recognizes the critical importance of staying up to date with the ever-evolving landscape of medical imaging. The journey towards better care has just begun, and despite the grey landscape, exciting things lay ahead. By staying at the forefront of medical imaging advancements, Peace Arch Hospital's radiology department will continue to guide patients towards definitive diagnoses and comprehensive treatment plans, elevating the standard of care and ensuring optimal outcomes.

Remembering Ellen Sinclair Kennett:

A Passionate Pioneer

We first profiled Ellen Kennett back in the summer of 2014, highlighting her awe-inspiring history of volunteer service and dedication to Peace Arch Hospital. Ellen passed away in October 2022 at the age of 95, leaving behind an incredible legacy of community spirit, giving back, and blazing a trail for health care in White Rock and South Surrey. If you are new to Thrive magazine, or aren't familiar with Ellen, let us introduce you to the remarkable soul that was Ellen Sinclair Kennett.

Ellen Kennett grew up on a farm in Cloverdale when roads were gravel, phones were scarce, neighbours knew and helped each other through good times and bad — and the closest hospitals were in New Westminster.

In 1948 when the White Rock Hospital Society formed to build a hospital, the close-knit community rolled up their collective sleeves and got to work. Their ambitious fundraising goal was \$150,000 — at the time, a staggering amount.

“It was one third the cost of the hospital”, Ellen recalled, “and a requirement of the provincial government.”

When the White Rock District Hospital opened in 1954, Ellen remembered a feeling of real ownership of that first little hospital, and one she had taken to heart ever since.

In the 1960s Ellen volunteered with the Hospital Auxiliary's Hilltop Group of which she was President for several terms, then Vice-President of the main Auxiliary

followed by President for four years — which also made her a voting member of the Peace Arch Hospital Board. She managed the largest Auxiliary membership in Canada with more than 500 members.

During the 1960s and '70s Ellen was active in White Rock Elementary School activities while volunteering for the Council of Women, the White Rock Historical Society, the Semiahmoo Sailing Club, the Canadian Cancer Society, the White Rock Museum & Archives, and the Kinsmen Mother's March, all while caring for her four children.



A New Foundation

Serving on predominantly male boards, she became the first woman to chair the Hospital Board in the mid-80s until the government disbanded hospital boards, and then led the transition to the Peace Arch District Hospital Foundation, where she became its very first chair from 1988-1990.

“We sought as much continuity as possible, and to maintain control over our fundraising dollars and how they would be spent.”

Running a Foundation was a new endeavor, and it came with a steep learning curve. For Ellen, whose volunteerism was her work outside of the home, it was an exciting time.

“I enjoyed what I was doing. It was a great learning experience for me. I felt it was important work and that I was really contributing.”

After a brief hiatus, Ellen was invited to be a member of the Foundation's Partners In Caring Campaign and her support of the Foundation continued until her passing.

In addition to her volunteer work with the hospital, Ellen was one of the founders of the Seniors Come Share Society (now called Brella Community Services) – an organization that offers support services to seniors and their caregivers. Ellen served on the board for 12 years. Her work with Seniors Come Share Society was needed and timely as there were no services for seniors available. This is a place where a senior's caregiver, such as a spouse or

child, could be relieved for a few hours by having a safe and nurturing environment for their loved ones.

Forty-six years later, Brella supports and enriches the lives of more than 25,000 seniors per year in three locations. What is not captured in this figure is the number of caregivers who, as a result of Brella's programming, have access to better services and are feeling better supported.

As well, Ellen had served on the First United Church Council for more than 20 years. Always a trailblazer, when the national United Church was debating the ordination of gays and lesbians in the 1980s, Ellen served on the Council and Chaired the worship committee while holding strong to the principles of compassion and inclusivity that welcomes gays and lesbians into ordained ministry.

These were tough times in leadership and Ellen was able to shift the congregation along with others towards openness and acceptance. Since then, the congregation has hired LGBTQ+ staff and sponsored a LGBTQ+ woman into the ordained ministry. At the First United Church, she provided tremendous support to one of the first female ministers to serve in the congregation in the 1980s when it was not at all acceptable to be a female minister.

Personally, during this time, Ellen was taking care of her first husband at home, who was terminally ill, and managing her household, while still finding the time to give back to her community, upwards of 40 hours a week.

In the 1990s, Ellen sat on the Board of the Peninsula Arts Foundation, serving two years as chair, raising funds for the music, drama, art, and dance bursaries to help pay for lessons and grants to local community groups supporting the arts which included the three local high schools and the annual Kiwanis Music Festival.

Ellen was a role model for more than 50 years to everyone in this community, but most notably to other women in leadership, from being the first woman at the helm of the Hospital Board of Trustees to one of the early female elders of the First United Church.





Paying It Forward

Like her community neighbours, Ellen and her second husband, Howard — who shared a blended family of 10 children — had appreciated a good hospital close to home. Seven of their children were born at Peace Arch Hospital and, over the years, they had relied on treatment for appendix surgery, tonsillectomies, fractured collar bones and hip replacements. Both Howard and Ellen took their last breaths at the hospital's Melville Hospice Home.

When she thought about the early pioneers who made the hospital a reality, and those who continued to ensure it offers quality care, she knew the tradition must continue.

"A lot happened years and years ago to build communities," Ellen had said. "People would give their time, lumber, land — whatever they could — and that determined spirit continues today when it comes to the hospital. It would be lovely if new people who come to this community could continue to be part of that tradition and contribute in some way, big or small."

Grateful for the care her family has received over the years, she and Howard had joined the Foundation's Weatherby Circle by confirming a gift in their wills.

"We wanted to do this," Ellen had said. "Our children are educated and looked after, and while we are not a wealthy family, we know

that no matter what the gift is, it will make a difference. It's a good feeling and it's so easy to do."

Howard passed away in June 2021, just 16 months before Ellen, and both were dedicated believers in improving their community through volunteerism, and by leaving legacy gifts to inspire and benefit the community in the future.

"Every family, young and old, needs Peace Arch Hospital."

Ellen's legacy and impact will be felt by every person in this community for decades to come. We miss her terribly, and she will forever be in our hearts.

The Ellen Sinclair Kennett Lodge

To celebrate Ellen's tremendous legacy, the PAH Foundation Lodge has been renamed in her honour. A renaming ceremony with her family and friends was held on June 17, 2023. We are so proud to commemorate Ellen with this distinction, and we believe she would be elated with the recognition for all she had achieved in her lifetime.

Our Caring Community



serving up a Good Cause

The inaugural White Rock Badminton Tournament fundraiser organized by a group of youth and hosted by the South Surrey Badminton Society with support of the White Rock Badminton Club featured more than 200 players and raised over \$12,000 for Peace Arch Hospital.



Cuts for a Cause

On May 16, 2023, our friends over at South Surrey's Trendzone Barbershop held a third-party fundraiser supporting Peace Arch Hospital's Pediatric Access to Rapid Care Clinic (PARC). With the help of their wonderful guests and customers, they raised \$3,520!



Something to Smile About

2023 was the second year that local Tim Hortons locations supported Peace Arch Hospital with their Smile Cookie Campaign. For an entire week, 100% of the proceeds from the sale of Smile Cookies at White Rock and South Surrey Tims locations benefited Peace Arch Hospital Foundation. Almost \$30,000 was raised during this sweet third-party fundraiser!



Art... From the Heart

The South Surrey Youth Artists Community, supported by New Primary Colors (NPC) Arts Foundation, held a third-party fundraiser in support of their local hospital. Youth artists from our local community contributed beautiful pieces of art from the heart that were auctioned off at a special event with all proceeds benefiting Peace Arch Hospital Foundation. \$6,450 was raised.

If you are an individual or local business interested in holding your very own fundraiser or making a gift in support of Peace Arch Hospital Foundation, we'd love to hear from you! Visit pahfoundation.ca/ways-to-give to learn more.

NEIL & LISA
Yarmoshuk
PRESENT

Alice

CURIOUSER & CURIOUSER

THE PEACE ARCH HOSPITAL GALA

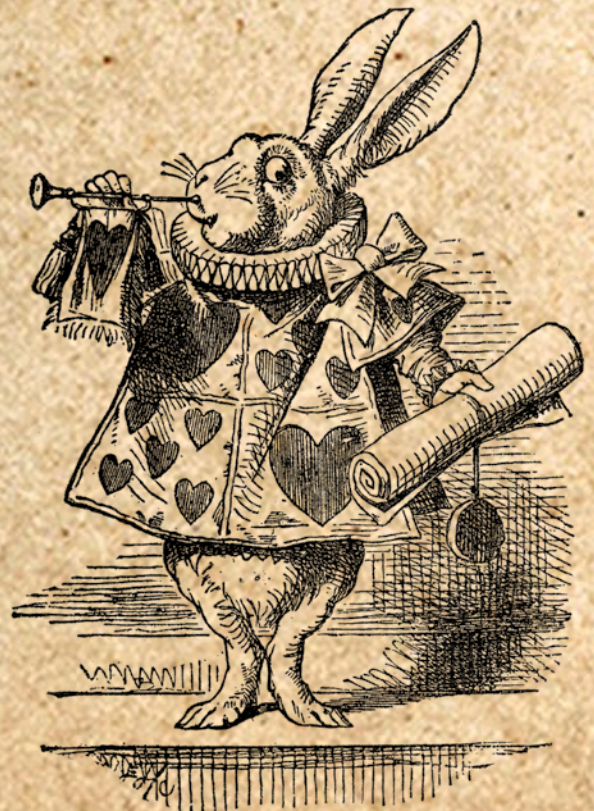
THE PEACE ARCH HOSPITAL GALA VENTURES DOWN THE RABBIT HOLE WITH ALICE ... CURIOUSER & CURIOUSER

It was a record-breaking night at the sold-out 2023 Peace Arch Hospital Gala that recreated the whimsical world of Alice in Wonderland. Presented by title sponsors, Neil & Lisa Yarmoshuk, Alice raised more than \$1 million to support the purchase of critically needed equipment for Peace Arch.

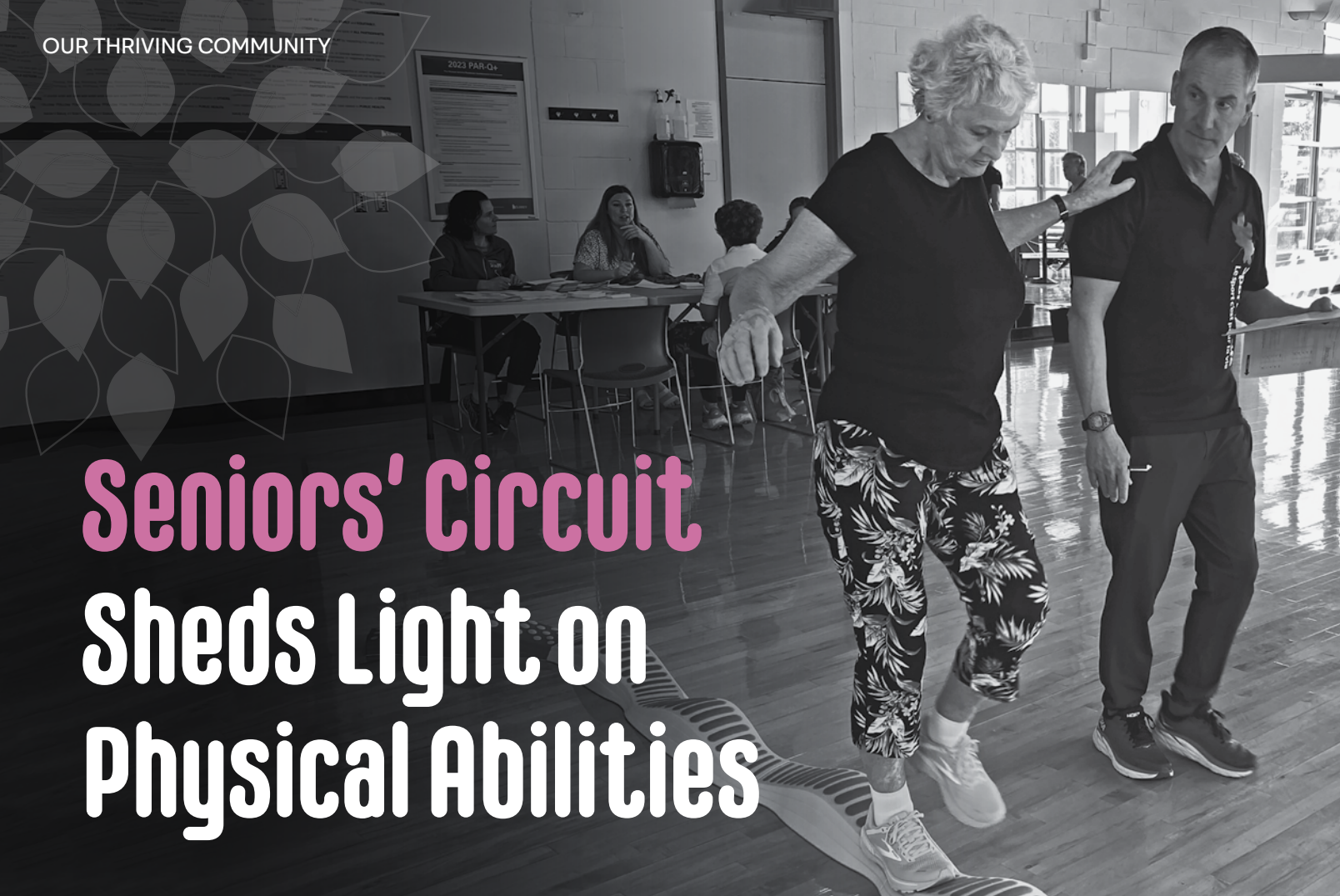
Guests were greeted with a vial of magic potion labelled 'Drink Me' before entering the event through a giant tree stump and then squeezed through a keyhole to find their tables. They also enjoyed freshly shucked oysters from Victoria's Wandering Mollusk, a hookah lounge, a garden of giant flowers and mushrooms, the Queen's Court silent auction, and the White Queen's wine raffle.

A 20-person volunteer steering committee led by Joelle Paleologou spent six months planning the event and more than 50 volunteers helped execute the magical evening.

Special thanks to all our wonderful donors especially Mark Woodall and Judy McKague, who made a \$250,000 matching gift, an anonymous donor who gave \$150,000 (you know who you are!), Vern and Helga Höing who donated \$110,000, and Dave and Diane Balsor, who donated \$100,000.







Seniors' Circuit Sheds Light on Physical Abilities

In the past, children developed physical literacy skills through regular, unstructured play. For adults, these skills were often gained through daily vocational activities and other forms of habitual physical activity including recreation that were largely physical in nature.

"Unfortunately, today's children won't live as long as their parents due to an alarming decrease in physical activity and the many diseases and health issues caused by inactivity," says Stephanie Beck, Executive Director of Peace Arch Hospital Foundation.

"Similarly, our adults and seniors are facing chronic health conditions that lead to medical interventions and worsen due to a lack of exercise and recreational activities."

"We believe that to effect change upstream and keep people out of the hospital, a healthy lifestyle is key," Stephanie says. "To help jumpstart increased movement in our community, our Move for Life partners hosted a Seniors' Ability Circuit at the South Surrey Recreation Centre's Age Friendly event. The circuit featured seven activity stations

and an opportunity to complete a self-reported survey regarding current physical skills and experience."

"I thought this was a really great opportunity to determine my own fitness level and hear about the many options for physical activity in our community. It was a really good eye-opener for me to be able to see the areas that I may have some difficulties with. I really enjoyed the session!"

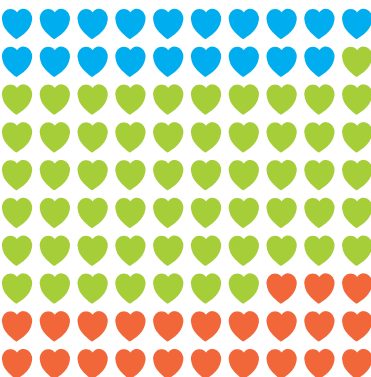
Janet Soucy, circuit participant

2022-2023 FINANCIAL SUMMARY

April 1, 2022-March 31, 2023

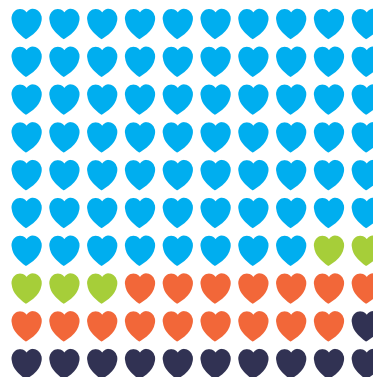
FUNDRAISING REVENUE: \$13.315M

Sources of fundraising revenue:



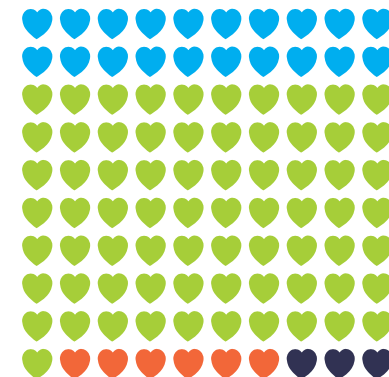
19% Estate Gifts
58% Major Giving
23% Other Sources

Funds designated for:



68% Area of Greatest Need
5% Operating Room
16% Capital Assets
11% Other Restricted Funds

Disbursements designated for:



20% Equipment
71% Operating Room
6% Healthy Community Grants + Projects
3% Peace Arch Hospital Grants/Other Programs

THANK YOU TO OUR GENEROUS 2022 DONORS!

This donor list recognizes individuals and organizations who supported Peace Arch Hospital Foundation between January 1 and December 31, 2022. Every effort has been made to ensure the accuracy of this list. If you notice an error, kindly contact the Foundation at 604.535.4520.

\$1,000,000 +

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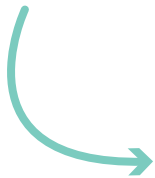
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