

Introduction to Attachment-Based Family Therapy (ABFT)



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Based Family Therapy
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ABFT is a trust-based, emotion-focused psychotherapy model that aims to repair interpersonal ruptures and rebuild an emotionally protective, secure-based parent-child relationship.

Educational Objective

Explain the theoretical foundation of Attachment-Based Family Therapy (ABFT) and discuss the purpose of the five ABFT treatment tasks.



Thursday, May 11, 2023
8:30 a.m.–10:00 a.m. PDT

Registration is free of charge

CE processing fee: \$35

For more info, email info@wellnessinstitute.org

Register for this training at
www.wellnessinstitute.org/ABFT

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CE Credits: 1.5

Social Workers, LMFTs, and LPC/LMHCs in many states can satisfy their continuing education requirements at APA-approved sponsors' events.

For beginner, intermediate, and advanced professionals.

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