

FALL 2020

thrive



PEACE ARCH HOSPITAL FOUNDATION

**A GERM-ZAPPING ROBOT
INSPIRES BIG DONATIONS**

**MAKING FOOD ACCESSIBLE
TO PEOPLE IN NEED**

**CELEBRATING OUR 2020
HEALTH CARE HEROES**



MEET +

THE MASTER PAINTERS AND DECORATORS ASSOCIATION

A PHILANTHROPIC GROUP MAKE A SURPRISE MONUMENTAL DONATION



WELCOME TO OUR NEWEST EDITION OF **thrive**

As we head into the holiday season of a surreal year, we can't help but reflect back on where we were 12 months ago. Like so many things, that feels like just yesterday and so very long ago.

While we continue to adjust to our new normal, what hasn't changed is the generosity and fellowship that exists in this community. From matching gifts for our COVID-19 Emergency Fund and germ-zapping robot to the food donations that still arrive for our hardworking health care team, the philanthropic spirit of this community has never wavered.

In these pages, you'll read about the wrap up of our OR campaign - we've nearly reached our fundraising goal! - and The Master Painters and Decorators Association who have made an extraordinary impact with a \$1.5

million gift to help us cross the finish line for five new surgical suites. You'll also meet our new board chair, Janice Stasiuk, who has a longtime connection to Peace Arch Hospital and the Foundation. In addition, our Rapid Response Grants are still going strong and we've profiled one of the many recipients doing great things for our community during the pandemic.

Lastly, we hope you'll join us in celebrating our Peace Arch Hospital Health Care Heroes (page 12), who were nominated by their peers for their dedication and compassion over the last few months. We were not

able to hold our Friends of the Foundation event this year so wanted to honour those hospital staff in the trenches who work every day to keep us safe and well cared for.

Let's all raise a glass to 2021!

Stephanie Beck

Janice Stasiuk

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**Please note all photographs in this issue were taken with adherence to COVID-19 safety protocols.*

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Rapid Response Grant supports Food Security in South Surrey

Across all cultures, food is a way to bring people together, celebrate a sense of community, and care for our loved ones. At its core, food is a fundamental building block for the foundations of a healthy life. Without food, humans cannot thrive, let alone survive.



Throughout our local communities, food security teams are working hard to ensure that the basic food needs of our fellow neighbors are being met. One initiative, led by Surrey's Engaged Communities Society (ECS), is supported with funds from Peace Arch Hospital Foundation's (PAHF) Rapid Response Grant Program. With help from PAHF, Engaged Communities Society is able to deliver no-cost food supplies to families of need during COVID-19 and beyond.

What started as an out-of-pocket program to feed local kids in need by Upkar Singh Tatlay, Founder and Executive Director

at Engaged Communities Society, is now an innovative food security program addressing the needs of individuals and families throughout the Lower Mainland.

"When Peace Arch Hospital Foundation came on board with funding, we were really able to tailor the food options to meet the unique needs of those who consume the food," Tatlay says. "People get tired of receiving the typical non-perishables from food banks. And those items may not always be the healthiest, nor do they address an individual's unique health or dietary requirements."

Engaged Communities Society is proud to offer a variety of fresh grains, fruits, vegetables, and other refrigerated items. In addition, they can safely store and deliver items with their special refrigerated truck as needs arise.

"With a focus on helping our local community be the healthiest possible, we are pleased to support this project," says Stephanie Beck, Peace Arch



Hospital Foundation's Executive Director. "Food insecurity limits people's ability to consume a balanced diet, increasing their risk for chronic disease, mental illness, malnutrition, and trips to the hospital. The Foundation is committed to ensuring our community has the resources it needs for people to stay healthy."

DID YOU KNOW?

Through its Healthy Community and Rapid Response Grants programs, Peace Arch Hospital Foundation supports non-profit organizations in White Rock and South Surrey that work to enhance the health and wellness of our community. To learn more or apply for funding, visit pahfoundation.ca/grants



A NEW HOME AND A BIG IMPACT

When Jane and Jack Aanen were getting their affairs in order, they both agreed they wanted to make an impact in their community. The Aanens moved to South Surrey in 2012 after spending 25 years in Tsawwassen. Various health challenges over the years brought them to Peace Arch Hospital and grateful for the care they received, they decided to gift their home to the Foundation.

“As longtime supporters of Peace Arch, we discussed what we wanted to do with our assets and we both agreed we wanted to support the hospital in a big way,” Jane says.

Gift your home to a charity is easier than you think. It simply requires having your home appraised by a qualified appraiser and a professional advisor to handle the property transfer paper work. The donor then receives a tax receipt for the accessed value.

The best part? You have the option of letting the charity manage the removal of furniture and other personal belongings along with the clean-up and sale process.

Unfortunately, Jack passed away in April and for Jane, this assistance with her home was a tremendous relief.



“I couldn’t wait for the Foundation to take over the house,” Jane says. “I found a new place to live in a seniors’ residence and I was able to take what I wanted with me and leave the rest. Moving was so much easier and I knew it was in good hands.”

This donation of her home amounted to much more than just the residence. Jack and Jane’s furnishings, clothing, and other effects were picked up by the Peace Arch Hospital

Auxiliary for sale in their thrift store, the Superfluity Shop, whose proceeds also go back to the hospital.

Jane has since settled into her new home with the knowledge that she and Jack were able to make a transformational gift to their hospital.

“This was such an easy way to give back,” Jane says. “And a nice way to start my new chapter.”

If you would like more information about gifting your home to Peace Arch Hospital Foundation, please contact Kate Ludlam at 604.535.4520 or kate@pahfoundation.ca.

'GERM-ZAPPING' UV ROBOT PURCHASED FOR PEACE ARCH HOSPITAL!

Earlier this Fall, Manjit Lit and Family made a \$100,000 matching gift to buy a critically important piece of equipment. They challenged you, and our community, to donate the remaining funds to buy this life-saving machine that will help kill viruses like COVID-19. And together, we successfully funded this state-of-the-art equipment!

This new machine is an Ultraviolet Germicidal Irradiation (UVGI Robot). And with a second wave of COVID-19 cases this fall and winter, this new UV Robot will help keep your hospital as clean as possible. Think of it as a germ-zapping robot. It kills viruses, bacteria, and fungi. And it will help get rid of highly-contagious illnesses like C.Diff or COVID-19.

Even after a deep cleaning with bleach and other disinfectants, the

UVGI robot can reach and eliminate any remaining harmful bacteria and viruses. Every single day, this could save a patient's life. This powerful light can kill microbes that linger on surfaces even after a traditional cleaning with bleach or hydrogen peroxide. Best of all, we're able to use the robot in the ICU, in PAH Foundation Lodge, in operating rooms, and many other critical areas of the hospital.

The benefits to patients include:

- *Decreased risk of hospital-acquired infections*
- *Decreased patient length-of-stays*
- *Better standard of care and patient outcomes*

COVID-19 threatens us all, but this germ-zapping robot will help protect Peace Arch Hospital. It will help save lives.

THANK YOU to all who helped make this new piece of equipment possible!

Every dollar makes a difference! Thanks to donors like you – community members who strongly believe in making a difference – we've proudly benefitted from the following third-party fundraisers.

A 'BERRY' GOOD CAUSE:

During the month of August 2020, a portion of the proceeds from every pound of blueberries and strawberries sold at Peace Arch Farms were donated towards the Foundation's COVID-19 Emergency Fund. Our community enjoyed fresh, local produce while supporting their local hospital.

Thank you, Peace Arch Farms, for supporting this 'berry' good cause!

DONUTS AND DOLLARS:

White Rock and South Surrey residents enjoyed hot, delicious mini doughnuts from local small business Little Ooties at a special event hosted by Whitecliff Retirement Residence. In just three short hours, \$1,400 was raised for Peace Arch Hospital to support our residents, employees, families, and community.

Thank you, Whitecliff Retirement Residence, for putting on this 'sweet' fundraiser!

RASOI FINE INDIAN CUISINE:

Rasoi has been serving our community with the freshest, finest-quality Indian dishes for more than 14 years, and recently, they proudly supported Peace Arch Hospital Foundation with a third-party fundraiser where a portion of their proceeds were donated to PAHF. This initiative resulted in a special gift of \$3,000 to our COVID-19 Emergency Fund.

Thank you, Rasoi, for your generous contribution to your community hospital!

Third-party fundraisers are a great way to engage your friends, neighbours, and customers while raising funds for your local hospital. If you are interested in hosting a third-party fundraiser, we'd love to hear from you! Please send an email to amywesten@pahfoundation.ca or call 604.535.4520.

It's all in the family for new board chair, Janice Stasiuk

Peace Arch Hospital Foundation's new board chair, Janice Stasiuk, learned the ropes from her biggest fan – her dad. Bob Cooper spent more than 15 years on the Foundation's board before retiring in 2018. Janice joined as a director a couple of years prior and stepped into the chair role this past June.

"For my first couple of years on this board, I really learned a lot from my dad," Janice says. "We're both accountants, we used to work together before he retired, and I am so proud to carry this torch he has passed to me."

Janice grew up in Richmond and moved to South Surrey 20 years ago, not long after her mom and dad had settled in the community. With two young girls at the time and parents and in-laws getting older, Janice has become very familiar with Peace Arch Hospital over the years.

"I spent so much time in the ER with kids' sport injuries and my mother-in-law passed away in the hospital," she says. "Peace Arch has such a strong connection to the community and my family."

Janice is the CEO and President of Belterra Corporation in Delta, a position she's held for three years, and a role that has prepared her well to lead an innovative hospital foundation board.

"Our board is made up of an eclectic group of people with a diversity of opinions. There's an intellectual curiosity that is fantastic. We're willing to express different points of view and listen and learn from each other. If we all think the same way, we're stuck."

As for the future, Janice is excited about the completion of the new ER and OR next year, a project which she celebrates the previous leadership for spearheading.

"There are a few more projects in the pipeline that I would love to see come to fruition," she says. "Stephanie Beck, our Executive Director, is quite innovative in bringing things forward and I know there is an appetite to make them happen for our community."



WE NEED YOUR HELP TO 'WRAP UP' OUR NEW OPERATING SUITES THIS HOLIDAY SEASON.

Back in the early 1960s, when Peace Arch Hospital's three small Operating Rooms (ORs) were built, they were typically furnished with a gurney, a sterilizer, an operating table, a lamp with a reflector, and tin-topped tables for surgical instruments. And although this was a time of exciting new advancements in surgery, it is a far cry from the astounding technology available today.

Today, our surgeons use diagnostic and surgical equipment undreamt of 50 years ago. Lasers, scopes, digital imaging machines, and computers guide their skilled hands as they perform surgeries that would have seemed like science fiction once upon a time.

While Peace Arch Hospital has kept up with advancements in medical technology, and has done its best to renovate and upgrade operating rooms, it was simply not built to accommodate modern medical practices and procedures. There's no room to move, to accommodate specialized and multi-disciplinary teams, nor to store and sterilize vital medical equipment.

“The challenge facing the hospital now is that the surgical department is drastically out of space and over capacity,” says Stephanie Beck, Executive Director of Peace Arch Hospital Foundation. “The situation for medical staff, administration, and patients has become untenable.”

With only three operating rooms, we don't have the capacity to efficiently take care of everyone who needs surgery. Wait lists are long, resulting in many patients having to be transported to other hospitals. It's a testament to the skill, flexibility, and perseverance of our surgeons and staff that they have continued to deliver superb care for their patients in such cramped and outdated facilities; conditions have become unacceptable for patients and for staff, and the demand keeps growing.



**Please note this photograph was taken with adherence to COVID-19 safety protocols.*

The need is critical...

A hospital is like a human body – a complex and collaborative system where each part must work well in order for the whole to be healthy and efficient. A dysfunction or lack in one area compromises all other areas.

Like falling dominoes, there could be a knock-off effect that comes with working in inadequate facilities. First and foremost, it increases stress on our staff which affects productivity (and increases wear and tear on our facilities and equipment). This stressful environment can, by extension, affect the physical and emotional needs of our patients. By any measure, it negatively impacts the quality of health care we provide.

Sixty thousand people come through the doors of our ER every year. Over half of those ER patients need surgery of some kind, in addition to in- and out-patient scheduled surgeries and emergency maternity needs. To address the pressing need, we must build five new surgical suites, to be ready when the new ER opens in 2021, or face unprecedented bottlenecks and even longer wait times.

The extraordinary work undertaken, and investments made to ensure we can more quickly triage and diagnose the high volume of patients, cannot be fully realized until this project is fully funded. And although 91% of funding has

been secured of the nearly \$12 million committed by Peace Arch Hospital Foundation, \$1 million is still needed from our generous community. That's a sizeable amount to fundraise with little time to spare!

But surprises lay around every corner...

When Peace Arch Hospital Foundation set out on the task of fundraising for new Operating Suites, a highly-specialized team of surgeons, architects, planners, front-line health specialists, and fundraising professionals gathered alongside our Board of Directors to take big action. But we never expected such big support from our community.



At the onset of the community phase of our growing campaign came the thrilling and unexpected surprise of a generous matching gift from a local group – the Master Painters and Decorators Association of Canada (MPDA).

"This year, we weren't sure what kind of support to expect," says Kate Ludlam, Director of Philanthropy at Peace Arch Hospital Foundation. "There have been an unusual number of crises, with the COVID-19 pandemic, forest fires, border closures, political changeover, and a dip in the stock market. We weren't sure how, or if, donors would be able to help meet the need required to fully fund the new Operating Suites."

But with the support of the MPDA, when donors give this month, their donation will be doubled up to a maximum of \$500,000. That will mean \$1 million in total, the exact amount needed to complete funding for the OR expansion.

"Every donation makes a difference in reaching this target," says Dr. Jason Francoeur, Department Head of Surgery at Peace Arch Hospital. "All contributions, when combined with others in the community and the generous matching gift, will truly make this expansion a reality."

You might have already seen some of the growth that's happened in our community. But did you know that the population of Peace Arch's catchment area is expected to grow by nearly 40% by 2046? That's why this expansion is so important. It will ensure that we're prepared to treat you, your loved ones, and your community for many years to come.

In addition to the five surgical suites, the OR expansion will also include a procedure room dedicated to cataract surgeries. If you or anyone you know has ever had cataract surgery, I'm sure you can understand why it's so important to have this surgery done close to home and without delay.

"Gifts made as part of the MPDA matching campaign this holiday season will also enable us to fund three new anterooms - two in the surgical department and one in Emergency - which will help keep our staff safe," Kate Ludlam says.

Please know that every donation makes a difference in reaching this target. Whatever our community can contribute today will help Peace Arch Hospital Foundation "wrap up" funding for this critical expansion. It's the most meaningful gift you could give this holiday season.

To learn more or make a gift, please visit pahfoundation.ca/give



WRAPPING UP



THE Spirit OF Giving

FOR PEACE ARCH HOSPITAL

This holiday season, we're wrapping up our campaign for five new Operating Suites! Every donation will be MATCHED dollar-for-dollar by the Master Painters and Decorators Association

MAKE YOUR GIFT TODAY!



Visit us in **Semiahmoo Shopping Centre** through Christmas Eve to have your gifts wrapped by donation! All proceeds will be matched.

 **DONATE ONLINE** 

PAHFOUNDATION.CA/GIVE



Each autumn Peace Arch Hospital Foundation celebrates donors and supporters with Friends of the Foundation awards at a cocktail party to honour award recipients. With an event not possible this year, the Foundation chose five Health Care Heroes, nominated by their peers, at Peace Arch Hospital who have gone above and beyond during the pandemic.



Friends OF THE Foundation

CELEBRATING HEALTH CARE HEROES

PRESENTED BY



Two local businesses were also recognized as Community Health Care Heroes for their generosity and support of the meal delivery program for front line staff:

EVERBEAN
CAFE + COMMUNITY

EVERBEAN started a community fundraiser at the start of the pandemic (which is still ongoing!) for Peace Arch Hospital staff, delivering donated meals and treats to hardworking front line heroes. They also participated in the food delivery program, ensuring our medical staff was well fed and nourished. They are a small local business trying to stay afloat during these challenging times while also giving back to their community.



THE CARVERY was one of the first restaurants to donate food to Peace Arch Hospital staff and they consistently went above and beyond with their giving, challenging other restaurants to do the same. They initiated their own Go Fund Me to raise the funds needed to feed our health care staff while supporting other local businesses and hospitals in the Lower Mainland. It became a full-time job to coordinate the donations of local restaurants and have meals delivered daily to Peace Arch. The Carvery's efforts inspired so many businesses to participate, not only in their program, but in delivering meals directly to the hospital.

THE 2020 HEALTH CARE HERO RECIPIENTS INCLUDE:

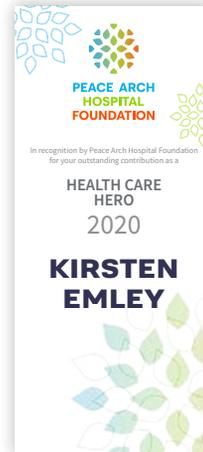


Alix is a registered nurse and Clinical Nurse Educator in OR and did an exemplary job, working extra hours, and coordinating rapidly changing information while ensuring Peace Arch Hospital's surgical suites were safe, organized, and ready to accept patients.

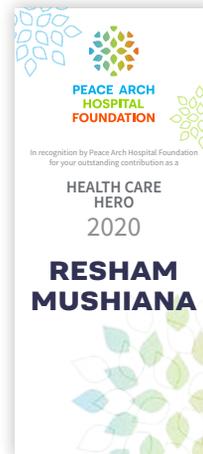


Megan is a Clinical Nurse Educator in ER and demonstrated incredible strength, leadership, and courage while she navigated the rapidly changing protocols in the emergency department. She spent countless hours beyond her work day ensuring the safety of staff and patients. Her optimism and calm influence never wavered.

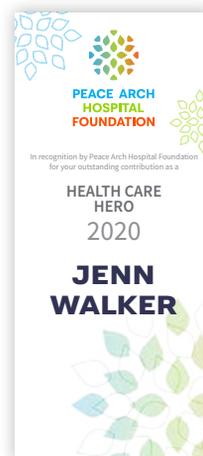
A special thanks to all the incredible nominees and the well-deserving recipients, along with Presenting Sponsor TD for making these awards possible.



Kirsten is Peace Arch Hospital's Infection Prevention and Control Specialist whose leadership, guidance, and support was invaluable as she helped the entire hospital team manage the pandemic and keep patients and staff safe.



Resham is a cleaner in the rehabilitation unit and kept the entire space spotless, adhering to pandemic protocols while cleaning, decluttering, and organizing. She is part of the rehab family and the team is so grateful for her attention to detail and can-do attitude.



Jenn is Peace Arch Hospital's Manager of Volunteer Resources and was instrumental in facilitating the food delivery program for staff. Her numerous treks throughout the hospital campus delivering food and treats were so appreciated by staff. Her work is often behind the scenes and isn't always glamorous, but helping others is her specialty.

CONNECTING OUR COMMUNITY TO FRESH, SEASONAL FOOD WITH A ROCHA

Through its Healthy Community Grant Program, Peace Arch Hospital Foundation is able to help local non-profit organizations in the White Rock and South Surrey area fund programs that support the overall health and wellness of our community. South Surrey's A Rocha is one organization that has benefitted from this funding, increasing the reach of its Farm to Families initiative.

A Rocha is an international organization which engages in scientific research, environmental education, community-based conservation projects, and sustainable agriculture. Their Farm to Families initiative, which began in 2009, supplies families in the White Rock and South Surrey area with fresh, seasonal foods straight from the garden.

"Farm to Families started with the arm of helping equip newcomer families with the skills to grow their own food," says Sandra Dumitras, Farm to Families Coordinator and Development Assistant at A Rocha. "Over the years, partnerships with community organizations like Peace Arch Hospital Foundation and the Surrey School District have taken root, expanding our reach to be able to provide hands-on training in gardening, food preparation, and nutrition."

"With a focus on helping our community be the healthiest possible, we are pleased to support the Farm to Families project for A Rocha," says Stephanie Beck, Peace Arch Hospital Foundation's Executive Director. "Having access to nutritious food is important for optimum health, healing, and wellness. The Foundation is committed to ensuring our community has the resources it needs to maintain a healthy diet and stay out of the hospital in the first place."

This innovative and upstream approach to healthcare was first initiated by the Foundation in 1999 when the Healthy Community Grants program was launched. To learn more about funding opportunities and current projects, please visit pahfoundation.ca/grants.

TRY THIS!

A Rocha's Kohlrabi Slaw with cilantro, jalapeño, and lime.

Easy to make with local, fresh ingredients from the garden!

INGREDIENTS

6 cups kohlrabi, cut into matchsticks or grated in a food processor - about three x 4-inch bulbs

½ cup chopped cilantro (one small bunch)

half of a jalapeno - minced

1/4 cup chopped scallion

orange zest from one orange, and juice

lime zest from one lime, and juice

Citrus Dressing

1/4 cup olive oil

¼ cup fresh orange juice (juice from one orange)

3 Tbsp lime juice (about one large lime)

1/4 cup honey (or agave syrup)

1/2 tsp kosher salt

1 Tablespoon rice wine vinegar

INSTRUCTIONS

Trim and peel kohlrabi. Cut off both ends. Cut in half from top to bottom. Thinly slice, rotate and slice again, making 1/4 inch matchsticks.

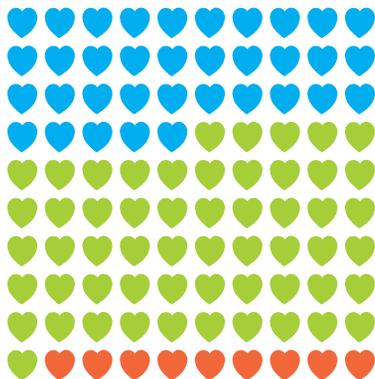
Place in large bowl with chopped cilantro, scallions, finely chopped jalapeño (1/2), lime zest and orange zest.

Whisk dressing together in a small bowl. Toss with salad. Refrigerate until serving. Garnish with zest and cilantro. Enjoy!

2019-20 FINANCIAL SUMMARY

2019-20 FUNDRAISING REVENUE: \$11.7 M

Sources of fundraising revenue:

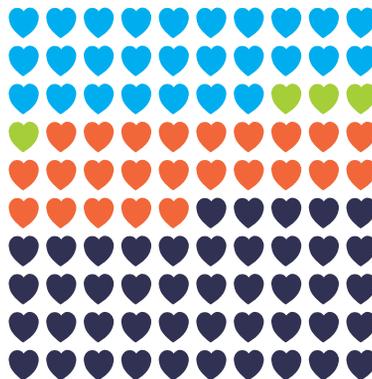


35% Estate gifts

56% Individuals, corporations and community service groups

9% Events

Funds designated for:



27% Area of greatest need

4% Emergency Department

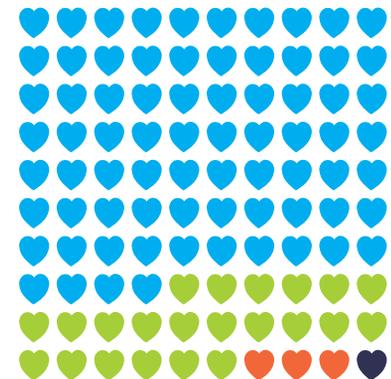
24% Operating Suites

45% Other restricted funds

2019-20 DISBURSEMENT OF FUNDS: \$13.4M

To view our audited financial statements, or for more information, please visit pahfoundation.ca/financials or call us at 604.535.4520

Disbursements designated for:



74% Emergency Department

22% Medical Equipment

3% Healthy Community Grants + Projects

1% Peace Arch Hospital Grants/Other Programs



**Let your legacy be the gift of health for your family —
and for every family in our community.**

There are many ways a legacy gift can support your hospital,
and offer you numerous financial benefits at the same time!

Visit pahfoundation.ca, click on 'Ways to Give' and 'Gift in Your Will'
to watch inspiring stories from our donors.

For more information please contact Shonna Breslaw at 604.535.4520 or shonna@pahfoundation.ca.



**PEACE ARCH
HOSPITAL
FOUNDATION**

The heart of a healthy community

Make your donation today.

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