

FALL 2017

thrive



PEACE ARCH HOSPITAL FOUNDATION

**GEORGE & SYLVIA MELVILLE
FIND A NEW HOME FOR THEIR
PHILANTHROPY**

**CELEBRATING FRIENDS
OF THE FOUNDATION**

**THE GREAT PUMPKIN RUN WALK
RAISES \$90,000+ FOR A NEW
ALL ABILITIES PLAYGROUND**

**A GRATEFUL PATIENT SHARES
HER STORY OF CARE**

MEET +

RITU KHANNA & JOELLE PALEOLOGOU

Two volunteers making a big impact with the Peace Arch Hospital Gala

WELCOME TO OUR NEWEST EDITION OF **thrive!**

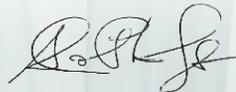
We hope that with all of the hustle and bustle of the holiday season upon us, you're enjoying these last few weeks of fall. We have been buzzing with activity at the Foundation, from breaking ground on our new residential care facility featuring the George & Sylvia Melville Hospice Home that will open in 2019 to the phenomenal success of the 11th Annual Remax Colonial Pacific Great Pumpkin Run Walk that raised \$90,000+ for the construction of a new all-abilities and all-ages playground for our community.

Speaking of events, the heart and soul of our fundraisers are the volunteers who donate their time, energy, blood, sweat and tears to make sure every detail is taken care of. On page 6, you'll meet our two Peace Arch Hospital Gala Committee co-chairs, Ritu Khanna and Joelle Paleologou, who consistently go above and beyond with their dedication to putting on the best event possible. From securing exciting auction donations to the unbelievable décor that this event has come to be known for, these two creative and enthusiastic women are giving back in a big way.

Also giving back in a big way are George and Sylvia Melville who recently made an astounding gift of \$1 million to the new hospice residence. Read more about their generosity on page 5 and the wonderful new features of the George & Sylvia Melville Hospice Home on page 4.

Finally, on page 14, we are thrilled to showcase the brand new digital x-ray unit that was recently installed in the hospital's radiography department. This equipment was made possible by YOU, our donors, and we couldn't be more grateful for your continued support.

We wish you the happiest of holidays!



Siobhan Philips



Stephanie Beck



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A NEW RESIDENTIAL CARE WITH HOSPICE FACILITY BREAKS GROUND!

A brand new 200-bed state-of-art residential care facility featuring the George & Sylvia Melville Hospice Home, slated to open in 2019, is the first project to break ground of Peace Arch Hospital's \$110 million renovation and expansion plan that includes a new ER and five new operating suites.

Located across the street from the hospital, the facility will feature 185 beds earmarked for complex care and 15 private hospice beds in a separate and home-like environment.

Complex care beds will house patients in need of structured care and offer 24-hour medical support. The 112-bed residence is designed to provide an easy transition from home to residential care with large single rooms with private bathrooms and space for personal furnishings, décor and belongings. There will be a secure wing of 73 beds for

patients with geriatric mental health conditions who are experiencing behavioural issues and beds and equipment specifically designed to care for obese patients.

The George & Sylvia Melville Hospice Home (see page 5 for more about George and Sylvia Melville's generosity) will be awash with soothing, warm colours and comfortable furnishings. This calm and respectful environment is where people have come to live out their final weeks and days and are spending each moment in comfort with their loved ones at their

side. The 15 private rooms will be furnished with a couch where family can stay overnight, a flat screen TV mounted on the wall and private washroom. Each room will be filled with natural light and look out to beautiful gardens where patients can sit in the sunshine, go for a walk, or have their bed rolled into the open air. Shower and laundry facilities, a large shared lounge and dining area with pantry and a play area for children will also be included.

Of the \$10 million needed for the George & Sylvia Melville Hospice Home and complex care residence, \$6.5 million has already been raised.

Want to support a new hospice and residential care facility for our community? Visit pahfoundation.ca and make your donation today!



GEORGE AND SYLVIA MELVILLE HOSPICE HOME

GEORGE AND SYLVIA MELVILLE CREATE A LEGACY WITH A MONUMENTAL GIFT TO HOSPICE CARE

Local philanthropists George and Sylvia Melville hold a special place for health care in their hearts. With a desire to give back in the community they have called home for 20 years, they recently made a remarkable donation of \$1 million towards the new hospice residence being built across the street from Peace Arch Hospital.

“End of life care is such an important part of the community. George and I wanted to make a lasting impact for patients and their families.”

— SYLVIA MELVILLE

“Our daughter lives in the community and four of our grandchildren were born at Peace Arch,” George said. “We’ve reached the stage in our lives where we can support causes that have particular meaning for us, like health, education and social programs.”

The new hospice residence will be named the George & Sylvia Melville Hospice Home in recognition of the Melville’s generosity and will feature 15 private rooms designed for warmth, care and comfort (see

page 4 for more details on the new state-of-the-art residential care with hospice opening in 2019).

George and Sylvia met in high school in Penticton and have been together ever since. Becoming a franchisee of Boston Pizza set the course for their work lives and George eventually became co-owner and helped build the restaurant chain to the empire it is today. With the need to be closer to the coast for business reasons, the Melvilles left Penticton and settled in Tsawwassen with their two children. Once the kids were off to university, George and Sylvia moved to Morgan Creek in 1997, when it was still considered country living.

Today, the Melvilles divide their time between White Rock and Penticton. With a shared love of travel, they’re criss-crossing the globe too, hoping to see it all while they are still strong and healthy.

George still pops into the office every now and then, having expanded his business endeavors over the years to include Mr. Lube. While he may be winding down, he’s not sure he’ll ever fully retire as long as his passion for the business world continues.

“We’re fortunate not to have ever required care at Peace Arch, other than when our grandchildren were born,” Sylvia says. “But we’re glad to know it’s there when and if we really need it.”

The George & Sylvia Melville Hospice Home will open its doors in 2019.



Ritu Khanna and Joelle Paleologou

BRING THE GLITZ AND GLAMOUR TO THE PEACE ARCH HOSPITAL GALA



For Ritu Khanna and Joelle Paleologou, giving back comes with the added bonus of creativity, ingenuity and the fulfillment of knowing they have made a significant contribution to our community. As co-chairs of the Peace Arch Hospital Gala organizing committee, they lead a dedicated group of enthusiastic fellow volunteer committee members to create one-of-a-kind black-tie galas that raise hundreds of thousands of dollars for Peace Arch Hospital.

Joelle, a B.C. native, grew up in the small coastal town of Powell River, and has been involved in

the visual arts for as long as she can remember. Always having had a keen aesthetic eye, she studied design extensively and is a graduate of Langara College's Display + Design program. While living in Coquitlam with her husband and young son, she was diagnosed with colon cancer in 1997. However, even after successful treatment, she put her career aside and made the move to White Rock to focus on recovery and raising her young family.

After attending the Peace Arch Hospital Gala as a guest in 2012, Joelle knew she wanted to be a part of the event. With her talent in design and décor, she was a natural fit to join the organizing committee.

"I have been a patient many times at Peace Arch Hospital due to my ongoing health issues and I also gave birth to my daughter there," Joelle says. "It was easy to make the decision to put my heart and soul into helping out in any way I could."

After a subsequent diagnosis of Lynch Syndrome, a genetic condition that predisposes her to many other cancers, Joelle underwent further treatment recommendations for prevention.

"From that point on, I had a strong desire to give back," she says. "My children were older and the timing was perfect. I have not looked back and have loved every minute of volunteering with the Foundation."

Also in 2012, Ritu Khanna arrived in White Rock, having just moved from the Toronto area



where she was born and raised. She attended the University of Toronto, studying Environmental Policy and Peace and Conflict. Having a keen motivation to make the world a better place, her dream was to someday work for the United Nations but a part-time job with a professor who was organizing a UN conference quickly changed her mind.

“I realized I could have a greater impact by focusing more on local issues,” Ritu says.

This stoked her passion for the non-profit sector and she worked with a number of Toronto environmental agencies, including the Evergreen Foundation, to build educational and outreach programs. She also interned with a Toronto City Councillor and a political reporter



which gave her a flavour of politics. This led her to volunteer for a number of campaigns, most notably the Toronto mayoralty race in 2010, to support a candidate who ran against Rob Ford.

Ritu eventually transitioned into advertising to build her business experience and was responsible for launching Ralph Lauren Polo jeans in Canada. With a move to the banking sector and taking on various roles, she landed in the marketing department at RBC.

“I noticed a gap in our marketing efforts so I spearheaded a new immigrant strategy to attract new Canadians to RBC with a campaign in seven languages,” Ritu says. “It was appealing to me to positively impact a client segment and brought me back to my non-profit roots.”

Ritu’s appreciation for the role hospitals and health care professionals play in our lives came from two experiences close to her heart. When Ritu’s son was born in 2008 he had to stay in the special care nursery for two weeks because he was early and underweight. As a result, he’s had follow-up appointments and further tests over the years. After her move to B.C., Ritu’s father was diagnosed with brain cancer and she spent many months travelling back and forth to Ontario to help her family through that difficult journey. Her father passed away in 2014 and soon after she was able to convince her mom to join her in White Rock.



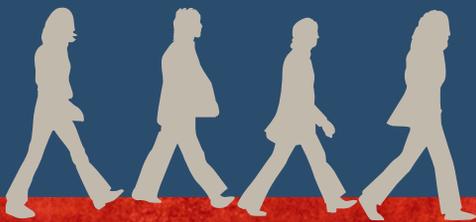
“Both of those experiences really inspired me to focus my efforts to give back on health care,” Ritu says. “I volunteered at the hospital in Mississauga where my son was born and I joined the Peace Arch Gala committee in 2015 and became co-chair with Joelle in 2017.”

With Joelle’s design expertise and Ritu’s business and marketing acumen, in the last two years, the Gala team has pulled off the most successful events in the fundraiser’s 29-year history, culminating with a staggering \$480,000 raised for the George & Sylvia Melville Hospice Home in 2017.

If you thought we could never top 2017's whimsical night circus, then just wait until you cross the pond with us to the land of strawberry fields and the long and winding road. A Hard Day's Night celebrates the very best of Britain - four lads from Liverpool that changed the musical landscape forever, some Royal pageantry and, of course, a few unexpected surprises that will ensure you'll be talking about this event long after the final curtain closes.



Join us on **Saturday, May 12, 2018** at Centennial Arena for the Peace Arch Hospital Gala presented by CIBC Wood Gundy - The Yarmoshuk Financial Group. Don't miss the best party in town, all in support of your community hospital.



"The Foundation did a complete revamp of the event in 2016 and that brought a whole new energy to the table," Joelle says. "It's amazing what I have learned from the talented people I have had the pleasure to collaborate with, but what really drives me, is the joy of seeing the incredible philanthropy demonstrated by our community for a cause that is so close to my heart."

"I have a special connection to the hospital because of my son and my dad," Ritu says. "Health care affects every stage of your life and what I love about volunteering for the Foundation is that the impact is immediate. I know I am making a difference for other families in the community who need care."

Joelle's personal history has given her more than a glimpse into the ongoing needs of our hospital and an immense empathy for both sides of health care - the patients and the caregivers.

"Who hasn't been touched by the hospital?" Joelle asks. "We bring life in and we see life out at Peace Arch. It's really meaningful to me to be able to lend my talents to something I feel so passionate about and to see the community come together in a tidal wave of support."

Both women extend their volunteering to other causes and along with sitting on the board of the White Rock Museum & Archives, being a cub scout leader and supporting the local arts community, Ritu and her family became a 'Buddy Family' for a Syrian refugee couple with three children that settled in Surrey.

"When the Gala becomes too much of a commitment for me, I can see volunteering with the Peace Arch Hospital Auxiliary Society," Joelle says. "The Auxiliary has such a rich history and I know my friend and Foundation Board Chair, Siobhan Philips, would like to get involved in some way. I'd like to be a part of it too, as well as inspire others to join. Volunteering for the hospital is deeply rewarding and is a win-win for everyone."

For now though, Joelle and Ritu are focused on next year's event (see sidebar) taking place May 12 with homage to the Beatles and the British Invasion.

Tickets go on sale for A Hard Day's Night - The Peace Arch Hospital Gala presented by CIBC Wood Gundy - The Yarmoshuk Financial Group on February 1.

"Next year's Gala is going to blow people's minds," Ritu says. "You are not going to want to miss this one." Joelle agrees, "Just wait until you see what we have in store for you."

Friends OF THE Foundation

CELEBRATING

On September 27, the Foundation honoured five individuals, two businesses and two service groups at our annual Friends of the Foundation celebration which recognizes honourees for their extraordinary contributions to the health and wellness of our community. It was a full house of more than 150 people who gathered at Morgan Creek Golf Club to toast this year's esteemed recipients.



PHILANTHROPY: Dave and Rani Mann of the Mannkind Charitable Society, passionate philanthropists with a vision to be a community-oriented global force dedicated to positive change. They made an extraordinary \$1 million matching gift to the ER campaign.

MEDICAL: Dr. Martin Lebl, a family physician, long-time donor and former Peace Arch Hospital Foundation board member who is a volunteer and advocate for various health care fundraising initiatives in the community.

FINANCIAL: National Bank Financial has a strong focus on community and giving back, and was the title sponsor of the Great Pumpkin Run Walk for five years.

VOLUNTEER: Kathy McIntyre, a retired nurse and dedicated volunteer whose contributions include the Peace Arch Hospital Auxiliary, the Peace Arch Hospice Society, the South Surrey White Rock Seniors Health Network and the Foundation's Healthy Communities Committee.

OUTSTANDING BUSINESS GROUP: Landmark Premiere Properties, a leader in residential development with a keen desire to give back in the neighbourhoods they build in, they created the annual Picnic on the Pier fundraiser in support of Peace Arch Hospital in 2016.

OUTSTANDING SERVICE GROUP: White Rock Fire Fighters Charity Association and the **Surrey Firefighters Charitable Society**, two caring fire departments who collaborated on a precedent-setting gift of \$500,000 to Peace Arch Hospital ER's new Mental Health & Substance Abuse Zone.

AWARD OF DISTINCTION AS OUTSTANDING COMMUNITY CHAMPION: Casey Whitworth, an agent for change at Remax Colonial Pacific Realty and an active volunteer and supporter of Peace Arch Hospital through the Foundation's Community Realtor Challenge.

Congratulations to all of the 2017 honourees and special thanks to Parc Retirement Living for sponsoring the event!



"The collective spirit of philanthropy was palpable as 1,000 people came together to help us fund a brand new outdoor green space designed to get people off their couches and be active and healthy."

STEPHANIE BECK
EXECUTIVE DIRECTOR

11TH ANNUAL REMAX COLONIAL PACIFIC GREAT PUMPKIN RUN WALK RAISES \$90,000+ FOR A COMMUNITY PLAYGROUND



Under sunny skies that broke through the clouds just before the race got underway, the 11th rendition of the Great Pumpkin Run Walk hit White Rock's Marine Drive on October 22. More than \$90,000 was raised to support a new all abilities and all ages playground for Ruth Johnson Park next to Centennial Arena, including a generous \$10,000 donation from the White Rock Firefighters!

New this year was the Peace Arch Toyota Haunted House complete with a 'Hogwarts' section for small children and the more scary 'Elm Street' for teens and adults. Rounding out the morning of fun and philanthropy was the popular Creative Kids Zone, pancake breakfast and lively fairgrounds.

A heartfelt thanks to our amazing sponsors, donors, participants and volunteers for another successful Run Walk supporting health care in your community!



11th ANNUAL   **RE/MAX**
Colonial Pacific
GREAT PUMPKIN RUN WALK 5K 1K
SUNDAY, OCTOBER 22, 2017

A Grand Opening Celebration

Amica at White Rock and Abby Lane Health Centre celebrated their grand opening on June 27 with a \$10,000 donation to the George & Sylvia Melville Hospice Home. Amica's mission is to provide dignified, positive places to live and receive care. Abby Lane Health Centre is the new home of Hilltop Medical and Walk-In Clinic.



FUNDRAISING FLASHBACK *Quilt Making*

When the Hilltop Group was told by a member's husband who worked for the Department of Health that they would poison people if they kept up with their Father's Day dinner fundraisers, another idea was born to create beautiful quilts they could raffle off. The member with the largest living room was recruited to host the sewing which meant a lot of threads and scraps of fabric to clean up. The result was a one-of-a-kind masterpiece made with the finest of details and lots of love for their community hospital.



ALL
ABILITIES
ALL AGES
PLAY
GROUND

LESS SCREEN TIME, MORE GREEN TIME

Join the movement to help
White Rock + South Surrey
be the healthiest
community possible.

**JOIN THE
MOVEMENT
DONATE
TODAY.**

In Partnership with the City of White Rock +
White Rock Firefighters Charity Association

IF YOU THOUGHT WE COULD NEVER TOP 2017'S WHIMSICAL NIGHT CIRCUS, THEN JOIN US AS WE
CROSS THE POND TO THE LAND OF STRAWBERRY FIELDS AND THE LONG AND WINDING ROAD...

With four lads from Liverpool who changed the musical landscape forever, some Royal pageantry and a few
surprises that you'll be talking about long after the final curtain closes, don't miss the best party in town!

a **HARD** day's
NIGHT



THE PEACE ARCH HOSPITAL
Gala

PRESENTED BY



The Yarmoshuk Financial Group

SAVE THE DATE!

SATURDAY, MAY 12, 2018

PEACE ARCH IS MY COMMUNITY HOSPITAL AND I AM SO GLAD IT WAS THERE FOR ME

By Aman Lalri

I was admitted to Peace Arch Hospital on May 10, 2017, unable to stand, sit or use the restroom due to my colitis illness. Two nurses came and helped me right away after seeing what condition I was in. Within 20 minutes of arriving to the ER, they found me a bed. My mom and dad both stood by my side holding my hand as I was really scared. The next morning I was admitted to the Intensive Care Unit.



My condition began to worsen. The doctors tried to diagnose what was happening to my body. I began retaining water in my lungs, developed pneumonia, and my left lung started to collapse. Shortly after, my family received the news that I had developed septic shock and was intubated.

After even more testing it turns out I had developed pellagra. Pellagra is a condition caused by a lack of the vitamin niacin (vitamin B3) which is very painful and can be fatal.

This was one of the most difficult and terrifying experiences for me and my whole family. But the care from the nurses and doctors in the ICU was amazing. The nurses helped me get through with so much love and compassion; anytime I needed anything, they were standing next to me with a smile, helping day and night.

They also helped me mentally by keeping me very positive and strong through my journey, which I think is one of the major reasons I recovered so well.

My family and I would like to thank all the doctors and nurses at Peace Arch Hospital. I can look back and say that I recovered because of the great care I received.

**Thank you, Aman, for sharing your story!
We are so glad you are better and back at home with your family.**



A NEW DIGITAL X-RAY UNIT ARRIVES AT PEACE ARCH HOSPITAL

New medical equipment is always at the forefront of the Foundation's fundraising efforts and back in 2016, the radiography department was the focus of the Peace Arch Hospital Gala's Fund A Need auction. The goal was to raise \$800,000 for a modern, state-of-the-art digital x-ray unit that would make a huge impact for both patients and x-ray technologists.

While a whopping \$435,000 was raised by our very generous donors at the Gala, the remainder was funded by other equally generous philanthropists in the community.

We are thrilled to report that installation of the new x-ray unit was complete in late August and a special ribbon-cutting was held on October 12 for the major donors who contributed to this important new addition to the radiography department.

Features of the new unit include faster and improved image quality, a reduction in radiation exposure and a fully flexible set-up that comprises a ceiling-mounted x-ray tube to position around a patient, a stretcher or a wheelchair.

The radiology department performs 65,000 imaging exams per year. Since the new digital x-ray unit was installed in late August, nearly 2,700 patients have been imaged over a two-month period compared to 2,500 during the same time last year.

Digital Radiography Unit

A Special Thank You

The purchase and renovation of the Digital Radiography Unit was made possible through the generosity of these donors

Emolik Foundation	Anonymous (1)	Jeff & Jacqueline Crouley	Perry & Andrea Jansen	Art & Margorie Reimayer
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"We are so grateful for these phenomenal donors who are so willing and engaged in making our hospital the best it can be with their philanthropy. Thank you to every single person who made this new equipment possible."

TERESA O'CALLAGHAN – EXECUTIVE DIRECTOR, PEACE ARCH HOSPITAL



PICNIC ON THE PIER

On August 9, the second annual Picnic on the Pier raised a whopping \$56,100 for Peace Arch Hospital when more than 300 guests gathered on White Rock's iconic landmark for a dazzling long table dinner.

Hosted by Landmark Premiere Properties, the event featured a gourmet picnic of seafood, roast chicken, salads and dessert catered by Sheila's Catering and a dish of artisan ice cream courtesy of Sweet Republic for guests as they exited the pier at the end of the evening. CBC's Fred Lee acted as Master of Ceremonies and auctioneer for the live auction that brought in more than \$10,000 for the hospital. Picnic on the Pier will return to White Rock in August 2018 and tickets will go on sale June 1.

WE ALL HAVE OUR REASON FOR GIVING

A Gift to Last.

Everyone has their own reason for leaving a legacy to Peace Arch Hospital. Whether it's to ensure future generations have access to quality health care close to home or wanting to express gratitude for exceptional care, let your legacy be a gift of health for your family, and for every family in our community.

What's your reason for giving?

Hear our donors in their own words and learn more about planned giving at pahfoundation.ca or call Jim Bindon at 604.542.3184.



PEACE ARCH
HOSPITAL
FOUNDATION

